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'ENCLAVES ARE NOT GHETTOS'

DAY 3 OF METRO'S LOOK AT IMMIGRATION: NEWCOMERS BAND TOGETHER TO CREATE SUPPORT NETWORKS PAGE 10





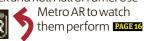
USE METRO AR TO WATCH NEWCOMERS TELL 'THE STORY OF US'



Ming Dynasty piece fetches record amount at auction FAGE 11

Kisses for Kiss

'70s band inducted into the Rock and Roll Hall of Fame. Use Metro AR to watch





A police cruiser sat outside 174 Brambling Way Jan. 29 as police investigated the killing of Jagtar Gill. Police arrested a suspect Tuesday, reportedly a woman who lived nearby the family. MIKE CARROCCETTO/FOR METRO

Suspect arrested in Barrhaven homicide

Crime. Investigators were able to obtain video surveillance footage from neighbours and a real estate developer



JOE LOFARO

Relatives of Ottawa homicide victim Jagtar Gill said they were

relieved to hear that police arrested a homicide suspect Tuesday

Gill's stabbing death nearly three months ago inside her Barrhaven home shocked the quiet neighbourhood of Half Moon Bay.

The Ottawa Police Major Crime Unit says it won't identify the person until charges have been laid, which could come as early as Wednesday morning. A show cause hearing is scheduled at the Elgin Street courthouse Wednesday.

The body of the 44-year-old mother of three was found by her daughter, in her home on Brambling Way, near the intersection of Greenbank and Cambrian roads on Jan. 29. Police would not confirm in January whether there were signs of forced entry.

Gill's brother-in-law Kulwinder Sidhu said he was happy police have someone in custody, especially since he was living in fear of the unknown for months. But, he still has many unanswered questions. Police did not confirm media reports Tuesday which said the person in custody is a woman who lived nearby and is not related to the family.

"I want to know why she did this, or was there something behind it?" said Sidhu. "I want to know, the family wants to know, the community wants to know."

Sidhu said he didn't know if Gill had any enemies.

Calls to the Gill residence were not answered Tuesday evening.

Balraj Singh Dhillon, president of the Sikh Community Society in Ottawa, said the Gill family has the support of the community behind them as more details come to light.

"What was the motive? Killing a person, you need some kind of motive," said Dhillon. "At least we are happy that (the arrest) gives some closure to the family." Rock frocks from \$2 to \$2,000



Used clothing aficionados take note: the Ottawa Vintage Clothing Show returns this Sunday PAGES

Meowy wowy

Once an only-in-Japan phenomenon, cat cafés can now be found all over the world. Here's one from London, England PAGE 18

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Construction worker

Man injured on the job

A 46-year-old Gatineau construction worker was injured Tuesday when a piece of aluminum he was cutting with a circular saw was projected into his abdomen.

The incident happened at around 11 a.m. at 65 Adrien-Robert Rd. The man was taken to Hull Hospital with non-lifethreatening injuries. The incident is under investigation.

Vanier

robbery

Ottawa police lay charges in syringe-wielding

Ottawa police charged a man linked to a recent grocery store robbery in Vanier.

The man is a suspect in the syringe-toting robbery at a store along the 100 block of McArthur Avenue on March 26 at about 11 a.m. Police allege he wore a mask and revealed a needle, which they accuse him of using to threaten a cashier after making a written demand for money. Another employee intervened and was also allegedly threatened.

The man fled with cash and there were no injuries.

Police charged Jason Leblanc, 40, with robbery, uttering threats, conspiracy to commit an indictable offence, possession of a weapon and breach of undertaking.

Leblanc appeared in court April 4 and was held in custody. He's due to appear again in court on Friday.

LUCY SCHOLEY/METRO



Ottawa cop guilty of discreditable conduct

Steve Desjourdy.

Superintendent says he doesn't believe officer was concerned woman was suicidal



TREVOR GREENWAY trevor.greenway@metronews.ca

Sgt. Steve Desjourdy was smiling Tuesday morning.

But his smile quickly faded into a grimace as the Ottawa police officer was found guilty of discreditable conduct in a now infamous cellblock incident in 2008, in which he cut the shirt and bra off a female prisoner and then left her half naked in a cell with pants

soaked in her own urine for more than three hours.

Desjourdy was acquitted of a criminal charge of sexual assault for the incident, but the internal Police Services Act investigation was set to determine if the officer brough his actions six years ago. And hearing officer Supt. Robert Fitches said that Desjourdy did.

"I have been given nothing that would satisfy me ... that it was acceptable to leave this young woman naked for over three hours," Fitches wrote in his decision.

Throughout the Police Services Act hearings Desjourdy's defence argued that he feared for the female prisoner's safety and worried she may kill herself with any supplied clothing.

However, Desjourdy's lack of documentation relating to this concern and discrepancies in his testimony at the criminal trial led the hearing officer to believe Desjourdy's assertion she was suicidal was nothing but an "afterthought."

"I have received nothing in evidence that in any way demonstrates that Sgt. Desjourdy had an honest belief that (the female prisoner) was suicidal," wrote Fitches.

Desjourdy, who was jovial and conversational before the decision was read, stormed past reporters without uttering a word, his face expressionless as he bolted for the elevator.

Ottawa Police Association (OPA) president Matt Skof told reporters he wasn't happy with the decision, as Desjourdy was charged with breaching a policy that Skof said "has never existed."

He said the association is "considering the appropriateness of filing an appeal."

"We find this a very problematic decision, which has potential far-reaching implications not only for Sgt. Desjourdy, or other members of the Ottawa Police Service, but for police officers everywhere in Ontario," he said.

Skof confirmed the OPA is footing the bill for Desjourdy's legal fees — a defence led by high profile lawyer Michael Edelson.

The maximum sentence for Desjourdy could be dismissal from the force, although he would likely be demoted to constable.

Assault. Man arrested for hitting ambulance

An Ottawa man is facing several charges after he allegedly chased an ambulance and started hitting it with a golf club on Monday afternoon.

Police say paramedics were responding to a high priority emergency call that afternoon and were cruising with the sirens and lights on. A man in an SUV started trailing the ambulance and even ran red lights. He then cut off the

ambulance to slow it down, got out of the SUV and started beating it with a golf club.

There were no injuries, but the two paramedics were "showered with glass."

Police charged 61-year-old Samir Saab with dangerous operation of a motor vehicle, two counts of uttering death threats, four counts of assault with a weapon and mischief.

Free screenings, tests

Get your health on

The Salvation Army Ottawa Booth Centre at 171 George St. is hosting Fair Thee Well health fair Wednesday from 9:30 a.m. to noon. The fair is designed to introduce and educate vulnerable populations about community health services. "The fair will promote ... proactive involvement in using Ottawa's health services efficiently," said Kimberly Zapata of the Booth Centre. METRO

Rideau Carleton Raceway parking lot. Man sets himself on fire

Bystanders are being credited with helping a man who witnesses say lit himself on fire in an Ottawa raceway's parking lot.

The Good Samaritans tried to roll the man on the ground to put out the flames during the frightening incident Monday at the Rideau Carleton Raceway.

No details about the man have been released.

Paramedics say he was treated at the scene for secondand third-degree burns to more than 90 per cent of his body.

He then was airlifted to the burn unit at Sunnybrook Health Sciences Centre in Toronto where he's listed in critical condition. THE CANADIAN PRESS

'Housing first' strategy the right way to help homeless: New study

At Home/Chez Soi project. Mental Health Commission of Canada unveils two-year study



LOFARO e.lofaro@metronews.ca

Results from a "world-class" Canadian study on mental health and homelessness were unveiled in Ottawa Tuesday which may change the way communities get people off the street and into permanent

housing.

The Mental Health Commission of Canada, through a \$110 million investment from the federal government, led a

two-year study aimed at giving homeless people with mental illnesses access to permanent housing immediately, rather than controlling their health problems first. The At Home/ Chez Soi project started in 2009 and was applied in Toronto, Vancouver, Winnipeg, Montreal, and Moncton.

Researchers noted 73 per cent of participants in the study remained in stable housing, compared to 32 per cent for the group receiving usual care.

Participants were allowed to choose where they lived, but had to agree to pay a maximum 30 per cent of their income on housing in the private market.

Candice Bergen, minister of state for social development, said it was a "sound investment" for the government to make and will mean homeless people are less likely to get in trouble with the law. The next step of the federal government's strategy is to distribute \$600 million over five years in the Homelessness Partnering Strategy to fund communities that will transition to the housing-first approach, Bergen said.

"We want to create places where people can move to bigger, better and greater places than where they are," Bergen said.

Tessi, one of the participants who was randomly selected to participate in the study in 2010, said At Home/Chez Soi has completely changed her life. The 56-year-old mother had been living at a crowded shelter in a room with at least six women for seven months before she was moved to a two-bedroom apartment in Toronto.

"It was very quick," she said. "It's so great. The quality of life has completely changed. You get respected. I live in an environment that is safe for me



"I think we want to do more than just create safety nets — we want to create trampolines."

Candice Bergen, minister of state for social development

Ottawa could see above-average spring flooding: Authorities Ottawa-area conservation five millimetres of rain stream flows will rise to a overnight, which would authorities issued flood peak within that 24-hour warnings Tuesday. period of rainfall.

An overflowing Ottawa river rushes past the Parliament buildings in April 1998. THE CANADIAN PRESS FILE

The Rideau Valley Conservation Authority said it was bracing for flooding on roadways, including Rideau River Drive between

Belmont Street and Fentiman Avenue and the private Hilly Lane in North Grenville.

Environment Canada was forecasting three to

continue to fill up watersheds over a 12- to 24-hour period. The melting snow will add to the water runoff.

The City of Ottawa is doing ice-removal operations, to reduce the risk of ice

The South Nation Conservation Authority warned residents to stay away from riverbeds, as they expect

"We're getting the runoff and everything in," said Ronda Boutz, of the South Nation Conservation Authority.

"Stream flows are going to continue to rise as all that moves through the system, so at some point it's going to hit its maximum and then start going down

Larson said Ottawa's worst flooding season to date was in 1976, when water flows reached a peak of 597 cubic metres per second. The average flow is 390 cubic metres per second.

Patrick Larson, the sen-

ior water technician for the Rideau Valley Conservation Authority, said any unusually rapid warm weather trends could spark more flooding.

"We've seen single digit temperatures and minus nighttime temperatures that have made it a very slow process," said Larson. "It's still up and down, if you will, and dragging on." LUCY SCHOLEY/METRO

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City has lowest smoking rate in Ontario: Officials

23% drop. Rate has fallen to 11% because of recent bylaws, health advocates: Public Health



It was a tough road to walk down, but the City of Ottawa said Tuesday that along with smoke-free regulations launched in the past several years, the number of current smokers has dropped 23 per cent. That translates to approximately 20,000 residents kicking the habit.

According to the Canadian Community Health Survey for 2011 and 2012, the current smoking rate in Ottawa has decreased to 11 per cent, which Ottawa Public Health said is the lowest rate of any other city in Ontario. The decrease comes after Public Health said it remained stagnant at about 15 per cent from 2005 to 2011.

"That's due in large part to ... smoking advocates that have been out working with the construction industry, schools, colleges, universities to encourage people not to smoke and to help those people with cessation pro-

Raising awareness

"That's due in large part to ... smoking advocates."

Mayor Jim Watson on smoking reductions

grams to quit smoking," Mayor Jim Watson said Tuesday at city hall.

The city was lambasted by some residents in April 2012 when it amended the smoking bylaw, prohibiting smoking in public parks and beaches, but Ottawa Medical Officer of Health Dr. Isra Levy said his office only reported between 400 and 500 public complaints in the past two years.

He said he doesn't have any more locations on his radar yet to expand the bylaw, but he noted the province is considering more anti-smoking regulations aimed at university campuses and hospitals.

Moving forward, he wants the city to focus more on prevention and education, rather than legislation.

"We're seeing a concerted effort to make progress on all those fronts, but doing it in as reasonable a way as possible and trying to provide support for people trying to quit smoking is really the important first step before one moves to regulatory expansion at this stage," said Levy.

Mayor Watson 'very happy' with Liberal win

Mayors in West Quebec say a new Liberal majority government means "stability" for the region, but they are still going to hold the new premier to his campaign promises.

"The municipalities all over Quebec have high expectations from the government," said Gatineau Mayor Maxime Pedneaud-Jobin, speaking a day after the Liberal government's landslide 42 per cent win.

All five ridings in the Outaouais remained red after Monday night's poll count, which mayors say was not surprising given the polls and the longstanding Liberal hold on the region.

Pedneaud-Jobin said he's looking for details from new Premier Philippe Couillard on his proposed fiscal reform and infrastructure spending.

"During the campaign, he was clear enough on his intentions," said Pedneaud-Jobin. "What we want to hear is what he's going to do now that he's elected."

Chelsea Mayor Caryl Green is now able to breathe a sigh of

Good news for Ottawa?

"I think it will bring stability back to the country and certainly to our region."

Mayor Jim Watson

Green has been fighting against Bill 14, a law introduced by the Parti Québécois that would have allowed the government to revoke the bilingual statuses of municipalities with a francophone population of more than 50 per cent. Chelsea fits that description.

Green said the municipalities have "quite a shopping list" when it comes to the needs in the region, with health care topping the list.

"We're looking at having a very strong voice, a very strong presence in Quebec City," she said.

Ottawa Mayor Jim Watson said he was "very happy" with the election results.

LUCY SCHOLEY/METRO,
WITH FILES FROM JOE LOFARO



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Ottawa RedBlacks to hold football tryouts at Carleton

Ottawa's new CFL team, the RedBlacks, will hold a tryout camp on Sunday, April 27 at Carleton University.

Registration begins on April 27 at noon at Keith Harris Stadium and the tryout will begin at 1 p.m., with the team's coaching and scouting staff in attendance.

"As an organization that takes great pride and stock in our community, this is an opportunity for our team to



give players a chance to demonstrate their football skills, including players from the Ottawa area and the Outaouais," said RedBlacks General Manager Marcel Desjardins in a news release.

"You never know when or where you might find a diamond-in-the-rough who might be able to help the team in the short-term or perhaps down the road."

Preregistration and more information are available online at ottawaredblacks.com. METRO







Vintage fashion lovers can expect to find one-of-a-kind pieces similar to these classic party dresses that have been among the attractions at the Toronto Vintage Clothing Show and previous Ottawa Vintage Clothing Shows. Shoes, vintage jewelry and other items will also be up for grabs. CONTRIBUTED

Ottawa Vintage Clothing Show returns with timeless fashions

Throwbacks. Threads, shoes and baubles from the '60s up to the '80s on display



Big skirts, pastels and kneelength cocktail dresses are making a 1960s-era comeback to weddings and proms this spring.

So those on top of the fashion scene will likely find the right fit at the Ottawa Vintage Clothing Show on Sunday.

Vendors are relocating their vintage handbags, shoes, jewelry, bow ties and dresses to the annual event, which has been ongoing for about 30 years.

There will be more than 45 vendors this year — or about half a dozen more than last year.

Catherine Knoll, the show manager, said this event attracts "several thousand" people to what she calls a day of clothes-digging "madness." It does better than the Toronto Vintage Clothing Show, which she also organizes. She said the capital event is popular partly due to the fact that there are so few period-garb shops in city.

Whatever time period you think "vintage" belongs in, Knoll said the event includes quality clothes up to and including the 1980s era.

Vintage is "totally" in, she said.

"For a certain segment of the market, it has always been in," she said, adding that more people are looking for "one-ofa-kind" clothing.

"You can't beat the quality of vintage. And the fact that the clothes have stood the test of time, both just physically and also the style, is kind of a

good testament to the staying power of vintage."

But don't expect 1960s-era prices on everything. Items up for grabs range from \$2 to \$2,000.

The Ottawa Vintage Clothing Show will be at the Ottawa Convention Centre, at 55 Colonel By Dr., on Sunday from 10 a.m. to 5 p.m. There's a \$10 entry free.



Pistorius testifies at trial: 'I sat over Reeva and I cried'

South Africa, An emotional Pistorius recounts details of girlfriend's murder

A subdued Oscar Pistorius on Tuesday described dinner at home, chatting and looking at cellphone photos with Reeva Steenkamp on the last night of her life. Then he erupted in anguished howls and heaving sobs while testifying at his murder trial about the moments when he says he realized he shot his girlfriend through a closed toilet door.

The spectacle of what appeared to be a tormented man highlighted the drama of the runner's inspirational rise and sudden fall. The South African double-amputee captured the



world's attention when he successfully fought for permission to run in the 2012 Olympics on his prostheses. The next year,

KIM LUDBROOK/THE ASSOCIATED PRESS

he was facing charges for killing the woman he said he loved.

The court in Pretoria, the South African capital, adjourned because of the athlete's breakdown.

"I sat over Reeva and I cried," Pistorius said, telling how he broke open the stall door in his bathroom in the early hours of Feb. 14, 2013 to discover his bloodied girlfriend slumped in the cubicle.

Pistorius said in statements that he shot Steenkamp after mistaking her for an intruder in his bathroom. The athlete said he felt fearful and vulnerable as he moved to the bathroom, walking only on his stumps.

In earlier testimony Tuesday, Pistorius denied three other charges against him relating to firing a gun in public on two occasions.

THE ASSOCIATED PRESS



Irish visit full of symbolism

Irish President Michael D. Higgins walks alongside Britain's Queen Elizabeth II at Windsor Castle on Tuesday. Higgins marks Ireland's first official visit to Britain since its independence, a symbolic gesture for the two countries with a troubled history. Peter MacDiarmid/ The associated Press

Protests

Tensions rise in **Eastern Ukraine**

Ukraine's government struggled to stay in control of the country's eastern regions as tensions flared Tuesday in three cities.

While the government managed to recapture its regional headquarters and detain dozens of pro-Russian protesters in one city, it said "radicals" were keeping 60 people hostage and threatening them in another city.

Earlier Tuesday, authorities regained control over a government building in Kharkiv. Protesters were evicted and dozens detained. In Donetsk, a city further south, protesters dug in for their third day a regional headquarters they captured on Sunday before declaring a parallel government.

All three cities are in Ukraine's east, where hostility is strong toward the government that took power in February after the ouster of Kremlin-friendly President Viktor Yanuko-Vych. The associated press

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Ship in desperate bid to pick up 'pings' again

Flight 370. Signals first heard Saturday and Sunday sparked hopes of a breakthrough in search for missing jet

Search crews on the Ocean Shield in the Indian Ocean failed to pick up more of the faint underwater sounds that may have been from the missing Malaysian jetliner's black boxes whose batteries are at the end of their life.

Angus Houston, the retired Australian air chief marshal leading the search far off western Australia, said finding the sound again is crucial to narrowing the search area so an autonomous submarine can be deployed to chart a potential debris field. The

locator beacons on the black boxes have a battery life of about a month — and Tuesday marked one month since the plane vanished.

At a hotel in Beijing, around 300 relatives of the flight's passengers — most of whom were Chinese — wait for information about the plane's fate. One family lit candles on a cake to mark what would have been the

Sun. 10 AM-6 PM

21st birthday of passenger Feng Dong, who had been working in construction in Singapore for the past year and was flying home to China via Kuala Lumpur.

The surface search for any plane debris also continued Tuesday. Up to 14 planes and as many ships were focusing on a single search area covering 77,580 square kilometres of ocean. THE ASSOCIATED PRESS



Sun. 11 AM-5 PM

Chicago airport. WWI artillery shells found in teens' checked baggage



Baggage screeners at Chicago's O'Hare International Airport have discovered two World War I artillery shells in checked luggage that arrived on a flight from London.

The Transportation Security Administration says the bags belonged to a 16-year-old and a 17-year-old who were returning from a school field trip to Europe.

TSA spokesman Jim Mc-Kinney says a bomb disposal crew determined the shells were inert and no one was ever in danger.

The teens told law enforcement they obtained the shells at a French World War I artillery range. It was not clear how. TSA explosives experts believe they are French 77 mm shells.

They were seized Monday evening while the teens were transferring to a flight to Seattle.

The teens were questioned then allowed to travel onward. They weren't charged.

THE ASSOCIATED PRESS

Texas

Woman calls cops to complain about buying bad weed

Police in East Texas arrested 37-year-old Evelyn Hamilton after she called them to complain that the dealer refused to return her \$40 US after she objected that the marijuana she had purchased was "seeds and residue." She pulled the small amount of pot from her bra when the officer asked if she still had it. THE ASSOCIATED PRESS

Kansas

Man posed as dead brother to avoid child support

A judge in Kansas has upheld the convictions against a Canadian man who posed as his longdead brother to escape child support obligations and drunken driving charges. Leslie Lyle Camick, 58, used the name of his brother, Wayne B. Camick who died at 3 1/2 months old in 1958.

THE ASSOCIATED PRESS



Sat. 9:30 AM-6 PM

Sun. 11AM-5 PM

Medicine. As science grows, will noses too?

In a London hospital, scientists are growing noses, ears and blood vessels.

The work was showcased Tuesday as Mayor Boris Johnson announced a plan to attract more labs to do cutting-edge health and science research in the area.

Researchers hope they will soon be able to transplant many types of body parts, including what would be the world's first nose made partly from stem cells.

"It's like making a cake," said Alexander Seifalian, the scientist leading the effort. "We just use a different kind of oven." THE ASSOCIATED PRESS



Sit back, relax and let the wellness flow through you

IV league. Vancouver opens a posh new clinic where customers enjoy an intravenous dose of vitamin therapy



JACKSON

With leather reclining chairs, soft lighting, indie music and flat-screen TVs, passersby might mistake this Vancouver business for a typical lounge or spa.

But they do a double-take when they see plastic bags hanging from IV stands dripping fluids into customers' veins.

Welcome to the IV Wellness Boutique, the first dedicated intravenous vitamin therapy lounge in the city and perhaps the country.



While naturopathic physicians around the world provide vitamin drips to help relieve ailments from stress to exhaustion to hangovers -Rihanna made them famous when she posted a picture of her "party girl drip" on Twitter in 2012 — the co-owners of this clinic believe it's the first with a social, spa-like atmosphere in Canada.

"We tried to take the clinical feel out of a clinic; we tried to make it really beautiful," naturopathic doctor Heidi Rootes said Tuesday. "We want people to feel comfortable and

- Sugar, saline or sterile water base
- Preservative-free vitamins, minerals and/or amino
- For example: vitamin C, B, calcium, magnesium (depending on the treatment)

relaxed."

A typical 45-minute treatment costs \$150 out of pocket, or may be covered under extended medical care plans. It must be administered by a physician or a nurse practitioner certified in the practice.

That may not seem relaxing for those who don't like needles, but "that's the biggest stigma, the whole idea of intravenous," said Rootes, who has administered the treatment for eight years.

Rootes Robin Szakacs want to focus on health benefits including energy boosts and back-pain relief instead of the party cure, popular in Las Vegas, L.A. and Miami. (Not to mention in Europe and Asia, where vitamin drips have long been mainstream.)

"Sure, if you put any-body that's hungover and dehydrated on an IV, they're going to feel better," Rootes "Sometimes I feel like that kind of cheapens what we're doing, but that's not our focus.'

The risks are minimal, Rootes said. As with any needle, there's a risk of infection. People are pre-screened before treatment and the procedure is not recommended for those with kidney or heart disease.

Clientele include marathon runners, both before and after the race, people coming to and from yoga, and 80-yearolds with diabetes.

Day of Pink

MORE THAN JUST COLOUR COMMENTARY



MICHAËLLE JEAN

Canada, co-chair of the Michaëlle Jean Foundatior

Four years ago, my 11-year-old daughter Marie-Eden came home from school and started telling me fast-paced, enthusiastic as can be — about the Day of Pink campaign. "You know, Mom," she said, "I need to take action when someone is not being treated right. I need to act, even if I'm not the one directly affected."

Marie-Eden seemed to have understood everything: the damage of discrimination, the importance of standing up to bullying, how to take concrete action, to make a difference.

I was floored. As you know, I grew up in Haiti, in a country "draped in barbed wire," to use the words

of my uncle, the poet René Dépestre. Under the dictatorship of Papa Doc, my family taught me that indifference to the predicament of others was not an option; that having a social conscience was paramount.

And here was my child, now in Canada, teaching me the same lesson.

Since that time, I have participated in the Day of Pink and met the Jer's Vision team. I have seen the transformative power of their work. I have seen how children and teens have gained a vocabulary, new ways to act and new tactics to show solidarity with the vulnerable. The campaign is working. And that's why I believe in the urgent spread of this kind of intervention.

Bullying, harassment, prejudice and abuse are still rampant. Today, suicide is still the secondleading cause of death

for people aged 10 to 24 in Canada — just behind accidents. And it remains the leading cause of death among sexual-minority

That is why I have chosen to work through the Michaëlle Jean Foundation on what we have dubbed the 4th Wall Youth Solidarity Project. With the Art Gallery of Ontario, Jer's Vision and 50 human rights and health organizations, we are encouraging Canadians to show vulnerable youth from Canada's Two-Spirit and LGBTQ communities that they are not alone; that we care; that we want them to feel included.

Six lucky young artists will be awarded a cash prize, a free trip to Toronto and an opportunity to have their work featured in a high-profile exhibition at the Art Gallery of Ontario, to mark World



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U.S. mom who left kids in hot car given \$91K

Phoenix. Sympathetic woman raises money for legal fees as accused pleads not quilty

A Phoenix woman arrested after leaving her two young children in a hot vehicle during a job interview is fighting to clear her name in court, with the support of a New Jersey woman who has raised more than \$91,000 to help her effort.

Unemployed and on food stamps, Shanesha Taylor went to the job interview last month at a Scottsdale insurance company.

The 35-year-old wasn't able to find a sitter, so she left her 2-year-old son and 6-month old baby in her Dodge Durango with the key still in the ignition and the windows rolled down an inch.

A witness found the infant crying hysterically and sweat-

ing profusely as temperatures inside the SUV exceeded 38 degrees Celsius.

Taylor was arrested after returning to the vehicle, and her tearful mug shot later caught the attention of 24-year-old Amanda Bishop of New Jersey.

Bishop said she was inspired to set up a fundraising web page for Taylor because she could relate to growing up in a family that doesn't have a lot of money.

"I had a mother and family in general who struggled raising us and had to rely on other resources to provide for us and sometimes made not the greatest choices," Bishop said.

Taylor pleaded not guilty Monday at her arraignment.

Prosecutors point out that her actions put the safety of her children in danger.

Taylor arrived back at the vehicle more than an hour after her interview time, the court documents said.

THE ASSOCIATED PRESS



Forever a flirt

A worker prepares to lift the torso of a 26-foot-tall, 34,000-pound statue named Forever Marilyn in Hamilton, N.J., Tuesday. The sculpture depicting Marilyn Monroe in her memorable billowing skirt pose from The Seven Year Itch is part of an exhibit honouring its designer, Seward Johnson.

SeaWorld

Blackfish-inspired whale bill stalled

A California bill that sought to end killer-whale shows at SeaWorld in San Diego and phase out their captivity was put on hold Tuesday, dousing an escalating fight between animal activists and supporters of the tourist attraction.

The bill's author, Democrat Richard Bloom of Santa Monica, agreed during the bill's first hearing before the water, parks and wildlife committee to revisit his proposal after further study. As a result, AB2140 is dead for this year, and the soonest lawmakers could vote on the proposal would be mid-2015.

Bloom was inspired by the 2013 documentary Blackfish in which filmmakers argue that captivity and mistreatment of orcas make the animals aggressive and have led to attacks on trainers.

THE ASSOCIATED PRESS

1989 murder

Man exonerated after 25 years in jail

A man who spent almost a quarter-century behind bars for murder was freed in New York City on Tuesday and cleared of a killing that happened when he was far away on a Disney World vacation.

Jonathan Fleming, 51, left a Brooklyn court in tears as a free man, hugging his lawyers as relatives cheered, "Thank you, God!" after a judge dismissed the case. A key eyewitness had recanted, newly found witnesses implicated someone else and prosecutors' review of their own files turned up documents supporting Fleming's alibi.

"After 25 years, come hug your mother," Patricia Fleming said.

"I feel wonderful," he said afterward. "I've always had faith. I knew that this day would come some day."

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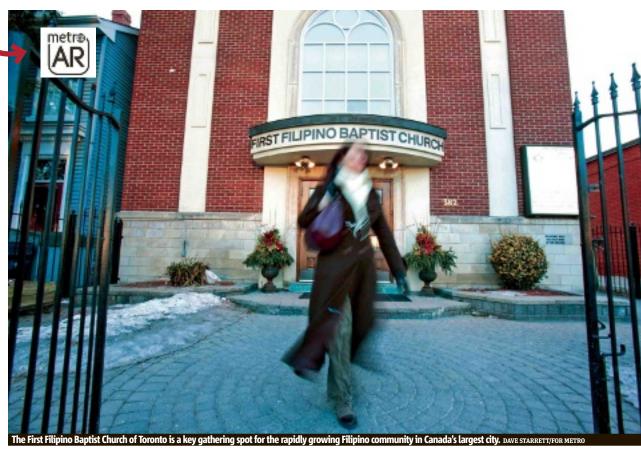
metr⊕

10

FEATURE

metronews.ca Wednesday, April 9, 2014

Nations within a nation



Community

Enclaves booming in Canada

Call it Little Italy, Chinatown or Little Manila.

No matter the name, ethnic enclaves are important to the immigrant communities they support — and the cities they're in.

For the cities themselves, traditionally large urban ones like Toronto and Vancouver, enclaves help bring in tourists looking for an authentically exotic bite or a first-hand brush with another culture.

And, in many cases, those same tourists help newcomers succeed by frequenting the businesses where they work.

"Enclaves are very lively and they help support immigrant life in a number of different ways," said Dr. Sandeep Agrawal, from the University of Alberta. In recent years, enclaves have started branching into the suburbs of major cities, and most of Canada now has enclaves of various shapes and sizes.

If you ask Agrawal, there's no real downside to that. But, enclaves have, in the past, been cast in a bad light.

A 2003 Statistics Canada report "measured ethnic enclaves as part of an isolation index, meaning those who live in enclaves are isolated and that enclaves are bad," Agrawal said.

A followup paper "debunked that myth," showing that the communities actually help people adjust and, eventually, thrive in Canada.

Another myth is that the words "enclave" and "ghetto" can be used interchangeably.

"Ghetto is an old word which is based on racial and economic exclusion," Dr. Mohammad Qadeer of Queen's University said. "A ghetto is also a large concentration of poverty.

"Enclaves are not ghettos."

DAVE LANGFORD/METRO



Immigrants banding together. Tight-knit communities offer

support to new arrivals



Cely Velez was 39 when she came to Toronto in 1997, leaving her home in the Philippines behind.

"My mom is here and she was not that young anymore," Velez said, adding that her lone sister lives in California with six children. "So for me, I wanted to be the one responsible for my mom's care."

Velez is the business administrator at the First Filipino Baptist Church of Toronto. Sitting in the heart of the city with a congregation of about 410 people, the church is a focal point for Toronto's burgeoning Filipino community — the fastest growing enclave of immigrants in the nation, one expert said.

Dr. Sandeep Agrawal, a specialist in ethnic enclaves at the University of Alberta, said recent years have seen a big influx of immigrants from the Philippines, "even superseding (those from) India and China."

A 2011 National Household Survey showed 662,600 persons of Filipino descent now live in Canada.

Agrawal said the Filipino enclave is replacing one of Canada's oldest communities — the Jewish enclaves in central Toronto.

Dr. Mohammad Qadeer, professor emeritus of urban

and regional planning at Queen's University in Kingston, said there are two dimensions to ethnic enclaves.

The first is a "residential concentration of people" and the other is a combination of various facilities, commercial establishments and churches, which together comprise an ethnic enclave.

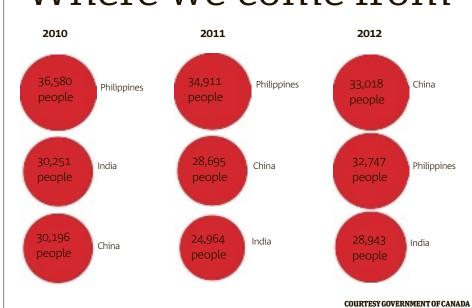
"The most concentrated residential groups are Jews and then Italians and then Portuguese," Qadeer said.

Ultimately, the communities within communities help more established immigrants support those who are newer to Canada.

Velez falls into the second category of enclaves — her work and personal life both revolving around the First Filipino Baptist Church.

"It's always church-related events," Velez said. "We usually go into each other's homes. That's very, very important for us."

Where we come from



THE STORY OF US: IMMIGRATION IN CANADA, TOLD IN FIVE PARTS

Day 1 Change and effect

Day 2 What Canada wants vs. what it gets Day 3
Where we come from, where we go

Day 4 Happy times, hard times

Day 5
The future and beyond

Online
Live the stories of three immigrants in our five-part

video series at metronews.ca

metronews.ca Wednesday, April 9, 2014 **BUSINESS**

Something to squawk about: Cup cracks \$36M



'Chicken cup.' Small white porcelain piece from Ming Dynasty lays record profit at Sotheby's auction

A Shanghai collector bought a rare Ming Dynasty cup that's touted as the "holy grail" of China's art world for \$36 million US at a Hong Kong auction on Tuesday, smashing the previous world record price for Chinese porcelain.

Sotheby's said Liu Yiqian was the winning bidder for the small white cup, which measures just eight centimetres in diameter and is more than 500 years old. The vessel is known as a "chicken cup" because it's decorated with a rooster and hen tending to their chicks.

It was made during the reign of the Ming Dynasty's Chenghua Emperor, who ruled from 1465 to 1487. Sotheby's said there are only 17 such cups in existence, with four in private hands and the rest in museums.

"This is really the holy grail when it comes to Chinese art," said Nicholas Chow, Sotheby's deputy chairman for Asia.

For such a prized item, bidding was limited to a handful of wealthy collectors and when the winning bid was hammered down at \$32.2 million, the standing-room-only crowd broke into applause. The auction house's commission brought the total to \$36.1 million. THE ASSOCIATED PRESS

American Airlines

Fly for free with miles ... sort of

If you use miles to get a free ticket on American Airlines, you may have to pay to check that suitcase.

American and US Airways announced changes Tuesday to their policies on checked-bag fees and redeeming miles for free flights. THE ASSOCIATED PRESS

Copyright

Hollywood studios sue Megaupload

Hollywood studios are suing the defunct file-sharing website Megaupload and its founder, Kim Dotcom, claiming the website facilitated massive copyright infringement.

The lawsuit was filed Monday in federal court in Alexandria, Va., seeking unspecified damages.

Greenpeace

P&G changes palm-oil policy after protests

The Procter & Gamble Co. has updated its policy on palm oil following high-profile protests by Greenpeace at its Cincinnati headquarters. The world's largest consumer products company said Tuesday it has adopted a "no-deforestation" policy for its palm oil supply. THE ASSOCIATED PRESS

U.S. Drugmaker hit with \$9B penalty over diabetes medicine linked to cancer

A U.S. jury ordered Japanese drugmaker Takeda Pharmaceutical Co. and its U.S. counterpart, Eli Lilly and Co., to pay \$9 billion US in punitive damages over a diabetes medicine linked to cancer. The drug companies said Tuesday they will "vigorously challenge" the decision.

The U.S District Court in western Louisiana ordered a \$6 billion penalty for Takeda and ner and co-defendant Eli Lilly. It also ordered \$1.5 million in compensatory damages in favour of the plaintiff.

The legal fight turned on whether Actos, which is a drug used to treat Type 2 diabetes, caused a patient's bladder cancer and by implication was responsible for other cases of the cancer. THE ASSOCIATED PRESS

IMF forecast. Canada's economy has some bright spots amid the grey clouds

The International Monetary Fund has again upgraded its projection for Canada's economy, but the latest outlook from the international financial organization shows it is far from sold on the country's underlying fundamentals.

"Downside risks to the outlook still dominate, including from weaker-than-expected

exports resulting from competitive challenges, lower commodity prices and a more abrupt unwinding of domestic imbalances," it warns.

"Indeed, despite the recent moderation in the housing market, elevated household leverage (debt) and house prices remain a key vulnerability." THE CANADIAN PRESS





14,372.45 (+102.12)



Natural gas: \$4.54 US (\$0.07) Dow Jones: 16,256.14 (+10.27)



Wal-Mart ramps up growth in India after split from partner

Wal-Mart Stores Inc. says it will open 50 more wholesale stores in India over the next four to five years, adding to the current total of 20 in the country.

These stores, known as cashand-carry outlets, cater to retailers, rather than to individuals.

Wal-Mart also said Tuesday it plans to launch an online operation for cash-and-carry customers in India.

The world's largest retailer announced last October that it was splitting from its Indian business partner Bharti Enterprises and said it couldn't go forward with plans for its own retail stores in India because strict government regulations on sourcing from local small businesses make it impossible. Wal-Mart's growth in India has



also been hampered because of an internal bribery investigation that's making the dis-

counter evaluate its practices abroad.

THE ASSOCIATED PRESS



WE ARE DRIVEN TO DISTRACTION

Feeling foolhardy? Not taking enough risks? Looking for a death-defying experience?

Try texting while you drive. It could be the most dangerous thing you can do.

According to the CAA, you are 23 times more likely to be in a crash or near-crash compared with non-texting drivers.

Driving while texting is six times more dangerous than driving while intoxicated, according to the U.S. National Highway Traffic Administration Safety Administration; in B.C., where I live, there were 81 deaths in 2012 from distracted driving, compared to 55 from impaired driving.

I can keep throwing stats at you. But I should stop now and concentrate on my driving

And so should you, if this morning's commute is any indication. Here's just a sample of the things we did in traffic today:

While travelling at least 60 klicks an hour, a woman in a



JUST SAYIN'
Paul Sullivan
metronews.ca

Range Rover had the visor down and appeared to be putting on makeup while talking to her friend on her hand-held. As far as I can tell, the Pomeranian in her lap was doing the driving.

A line of people stopped at the red light appeared to be deep in prayer, so deep that the light changed and nobody noticed. Their faces were bathed in a strange, blue glow.

Soccer mom policed a van load of kids while talking on her hand-held. Yikes.

And it was breakfast time in the fast lane: muffins, very hot coffee, lip-searing burritos and sandwiches, assorted Tupperware from home, apples, oranges, bananas — oh my.

Any one of these distractions has a well-documented effect on your attention span. Yet we continue to drive through a multi-tasking medley of contortions. Our cars do double duty as kitchens, bathrooms, media centres

and bedrooms (pets included).
What's interesting is that with the exception of hand-held

devices, most of this nonsense is not cut-and-dry illegal.

"Excuse me, ma'am, but that's a \$167 fine for driving with a Pomeranian in your lap. You're lucky it wasn't a Great Dane."

Nevertheless, it's dawning on governments that unless they do something soon, we won't make it through rush hour

In British Columbia, which has some of the toughest drunk-driving laws in North America, the attorney general is aghast that, with one-third the population, it has more distracted-driving deaths than Ontario.

Maybe that's because Ontario has already jacked up its distracted-driving fine from \$155 to \$280. In an amusing touché, it goes to \$500 if you contest it and lose, which should clear up a lot of nuisance court cases.

B.C. will probably raise its fines soon, and may even attach points to licences. Yet you have to wonder if enforcement is the answer. The province issued 51,000 tickets for distracted driving last year, but if this morning's circus on wheels is any indication, no one has noticed.

Their "minds" are elsewhere.

ZOOM

Seeing is revealing



COURTESY LIU BOLIN/SCREAM GALLERY

Artist blends into his surroundings

Glance at it and you'll see nothing remarkable, but take a closer look and you can spot the figure of a man standing in the background. Behold Liu Bolin, the globally renowned Chinese artist gifted with the uncanny knack to use body paint to blend into any backdrop. His first solo exhibition in the U.K., The Heroic Apparition, is open at London's Scream Gallery until May 10. METRO

Artist's viewpoint



"Each one chooses his or her path to come in contact with the external

world. I chose to merge with the environment."

Liu Bolin, 41, artist based in Beijing At a recent TED conference, Bolin said: "By making myself invisible, I try to question the inter-cancelling relationship between our civilization and its development."

A silent protest against the state

While his camouflage technique speaks of eccentricity, Bolin's message behind his artwork is in fact solemn and political in tone — a "silent protest against the state" for Chinese authorities' crackdown on artists. "I am standing, but there is a silent protest, the protest against the environment for the survival, the protest against the state," he said in a statement.

METRO AUGMENTED REALITY

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MetroTube

Subway ride gets riled by a rat



ANDREW FIFIELD metronews.ca

Now, you may be tempted to dismiss the old saw that New Yorkers are a hardy bunch after watching this clip of a subway car packed with supposedly indomitable souls losing their minds over a single wayward rat. But don't be so swift to judge. Upon closer inspection, you'll notice that there isn't a single pant leg tucked into a single sock anywhere on this supposedly panic-filled car. We bet you don't feel so tough now. Those New Yorkers, man. Resolute.



GARY STEVENS/FLICKR



Taken with a bird's eye view

Feathers in filmdom's

cap. Rio 2's macaw Tyler Blu latest bird to vie for a perch in Hollywood's avian pecking order



FOCUS
Richard Crouse
scene@metronews.ca

Hollywood's two most famous birds must be Donald Duck and Woody Woodpecker. Between them they've starred in almost 300 films.

This weekend Donald and Woody are joined by Tyler Blu Gunderson, a rare male Spix's macaw, voiced by Jesse Eisenberg making his second big screen appearance in Rio 2. He's joined by a cast of fine feathered friends, including a yellow canary (Jamie Foxx), a rapping red-crested cardinal (will.i.am) and a sulphur-crested cockatoo (Jemaine Clement), as they leave their home in Rio de Janeiro for the Amazon rainforest.

The colourful co-stars in Rio 2 are animated, which makes them a much more agreeable lot than Tippi Hedren's castmates in her most famous movie. In the Alfred Hitchcock film The Birds, she plays a wealthy socialite visiting Bodega Bay in Northern California when hundreds of ravens, seagulls and pigeons begin viciously attacking the townsfolk.

Some of the birds were props, but many of them were all too real. Actors with ground meat and anchovies daubed on them to entice the birds escaped with nips and scratches but Hedren took the worst of it during the shooting of the movie's famous at-



ic scene.

She had been told mechanical birds would be used in the sequence that sees her trapped in a small room while birds attack her. When she arrived at the shoot she saw a cage built around the set and realized the plan had changed.

For a week, real birds were thrown at her by stagehands. Pecked and scratched by birds attached to her by elastic bands she screamed and sobbed as one of them gouged her eye. It was such a traumatic sight, Cary Grant, who dropped by the set to say hello, said, "You're one brave lady."

It's no wonder Hedren chose Marnie, and not The Birds, as her favourite Hitchcock leading role.

As distressing as the shoot for The Birds might have been, the movie is now considered a classic.

That can't be said for a

film inspired by Hitchcock's avian terror.

Birdemic: Shock and Terror director James Nguyen says the inspiration for his movie dates back to 2006 when he saw a flock of seagulls flying toward him at Half Moon Bay south of San Francisco. The sight reminded him of Hitchcock's film, but he thought, "What if I make a movie where instead of seagulls and crows, it's birds of prey? There's nothing more shock-

ing than eagles and vultures."

The self-financed film took four years to finish and laid an egg in theatres before it became a cult hit as one of the worst film ever made.

When asked what Hitch-cock would have thought of Birdemic, Nguyen told Empireonline.com, "I think Mr. Hitchcock would forgive a lot of its imperfections and say, 'James, you did what you could. Do another one and try to do it better."

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Actor is living a teenage dream

Tye Sheridan.

At 17, this young thespian has already starred opposite a handful of Oscar winners including McConaughey



NED EHRBAR Metro World News in Hollywood

Tye Sheridan may be one of the busiest teenagers in film. After an attention-grabbing start in 2011's The Tree of Life and 2012's Mud, 17-yearold Sheridan now stars in Joe — David Gordon Green's offbeat, darkly comic tale about a teenager (Sheridan) who befriends a surly ex-con (Nicolas Cage). Plus, Sheridan has four more films in the can, all set to come out this year. Somebody's a bit of an overachiever.

You got to take this film to a bunch of international

festivals last fall. How did the reactions differ?

It's weird watching it with a foreign audience because they don't get a lot of the American humour. It's not just this demented, dark drama. When we screened in Venice or Deauville (I can't remember which), I was sitting on the second

balcony, so I could see down into the audience and there was a group of old ladies that came to see the film and when [Nicolas Cage] beats up the wino, six old ladies just get up and walk out of the theatre. It was kind of funny to watch.

What are you looking for in future roles?

I don't know, anything that gives me a challenge. Anything that I have passion for, that I love the material. I worked on a film called Grass Stains last summer with a writer-director named Kyle Wilamowski, and he's been working on this for, like, eight or nine years, and this is his first feature. It's always fun to work with someone like that because you know they've put their heart and soul into the project. I love doing small, independent stuff because this is what people really care about. And I just did a film called Dark Places. It's an adaptation of a novel by Gillian Flynn. My character is convicted of murdering his family, so it's going to be really dark. He's kind of satanic, too.

Is there ever any consideration about your age as far as what subject matter is OK and what isn't?

You know, that's one of the coolest things about acting, I think, that you can be someone you're not. I mean, that's not you on the screen.

One to watch

- Born. November 11, 1996 in Elkhart, Texas.
- First feature film. Tree
 of Life, where he starred
 alongside heavyweights
 Brad Pitt and Sean Penn.
- Next up. Tye Sheridan just finished a film called Dark Places with Charlize Theron and Chloe Grace Moretz.

Some of these characters are nothing like me. I'm not violent at all. I've never been in a fight. And it's like, every film that I've been in I've gotten into some kind of fight. It's cool because it gives you a challenge and you get to experience things that you normally wouldn't in your own personal life.

And it tells you a lot about how people perceive you. Yeah, definitely (laughs).

You've already worked alongside the likes of Nicolas Cage, Matthew Mc-Conaughey, Brad Pitt. Any dream co-stars still on your list?

I want to work with James Franco, just because he's such a mystery man, you know? What is he? Is he a director, a writer, an actor? An artist? He's a cool guy.



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DISH
15



Perhaps LiLo should lie low and not go to Coachella with her mom

Lindsay Lohan insists she's back on the straight and narrow with her sobriety, despite slipping and having "one glass of wine" shortly after her last stint in rehab. But folks in her inner circle think her plans to attend the rowdy Coachella music festival in the California desert — especially with party-happy mom Dina Lohan along for the ride — is a terrible, terrible idea, according to Radar Online.

"Lindsay should not be going to Coachella. And having Dina with her isn't really making anyone feel comfortable that she will be a good chaperone. It's a big alcohol and drug festival and it is the last place that Lindsay should be," a source says.

"Lindsay swears that she'll stay sober, but Coachella is a huge party and there are going to be so many temptations for her. Everyone is really worried about her."



Kirsten rides into mother lode of controversy on knight in shining armour

Kirsten Dunst is causing a bit of an uproar with her thoughts about traditional gender roles. "I feel like the feminine has been a little undervalued," she tells the U.K. edition of Harper's Bazaar in an interview.

"We all have to get our own jobs and make our own money, but staying at home, nurturing, being the mother, cooking — it's a valuable thing my mom created. And sometimes, you need your knight in shining armour. I'm sorry. You need a man to be a man and a woman to be a woman. That's why relationships work."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Scarlett adds nickname insult to sexy inquiry injury

Whatever you do, never call Scarlett Johansson "ScarJo" to her face, as the Captain America: the Winter Soldier star can't stand the nickname.

"I associate that name with, like, a pop star," she tells Glamour magazine, saying that the nickname "sounds tacky. It's lazy and flippant. There's something insulting about it."

That's not the only grievance she airs in the interview, as Johansson also takes on the long-standing double standards of Hollywood for men and women.

"Actresses get stupid questions asked of them all the time, like, 'How do you stay sexy?' or 'What's your sexiest quality?' All these ridiculous things you would never ask a man."

METRO WORLD NEWS



Sheeran doesn't get why every girl crazy 'bout this ginger-haired man

Soft-spoken ginger singersongwriter Ed Sheeran doesn't mind fans going nuts over him, even if he doesn't quite understand their passion. "I don't see myself as a sex symbol, but if other people do, I'm not going to complain," he tells Billboard magazine. "I'm a singer that you never want to see shirtless. No one does! I haven't got a six-pack or pecs." When informed that there clearly are some Sheeran fans who would be up for him taking off his shirt, he shrugs. "To each their own," he says.





Do-uelling chanteuses flash locks in clashing chartreuses

So, slow gossip days mean round-ups of new celebrity hairstyles! We know, we know: This job is exciting.

First up, Maggie Gyllenhaal, who debuted a blonde pixie cut at the Cannes Film Festival on Monday night. The choice was a bit more conventional than Katy

Perry's. She showed off her new 'do on Instagram Tuesday with the tag line "Slime green for spring, duh."

Speaking of green, Lady Gaga had a bit of the hue in her wild hair while closing down New York City's Roseland Ballroom on Monday night.

Twitte



Miles_Teller

I've been saying "rock n roll" a lot lately. Not quite sure how I feel about it



@TheRealRoseanne

Watching honey boo boo show right now! I love it! #firsttime



@KellyOsbourne

whom ever started the rumor that I'm in "fat rehab" what exactly is "fat rehab" is it a 12 step program if so what might they be? #SoFunny!

God gave rock 'n' roll to you

KISS gives you this.

The painted rockers are getting inducted into the Rock and Roll Hall of Fame, so why not celebrate with a tour of some KISSthemed attractions?

GOW

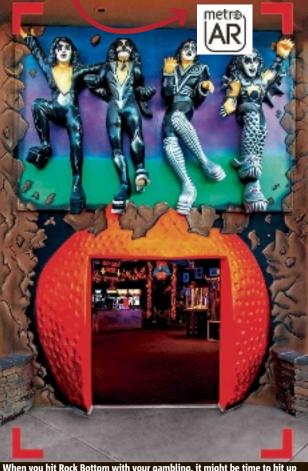
On Thursday, one of the biggest rock acts in the world is finally being inducted into the Rock and Roll Hall of Fame. But if fans of KISS can't make it to Brooklyn's Barclays Center for the ceremony, not to worry there are many other ways to honour the face-painted performers whose career has spanned four decades. Here are a few other innovative KISS attractions in North America:

Plaster Caster

Niagara Falls may boast brilliant views of one of the natural wonders of the world but if you want waxy replicas of relentless guitar gods, Rock Legends Wax Museum at the top of carnivalesque Clifton Hill presents plaster casters of KISS as one of its most sought-after spectacles.

Calling Dr. Love

There are countless wedding chapels in Las Vegas but only one offers a fire-breathing Gene Simmons impersonator to stand as your Sinister Minister.



you hit Rock Bottom with your gambling, it might be time to hit up the KISS-themed mini golf course in Las Vegas. CONTRIBUTED

The Hotter Than Hell Wedding Chapel in Las Vegas features concert-atmosphere nuptials on a KISS replicated stage (complete with fog machines), concert ticket invites and a live webcast. Even the real Gene

Simmons has popped in and joined newlyweds as a witness. Visit kissweddingchapel.com.

Walk the Rock

Sure, Grauman's Chinese Theatre in Hollywood is where fans

Earlier this month the team Los Angeles KISS debuted in the Arena Football League. Not just an incidental moniker, the squad is co-owned by Gene Simmons and Paul Stanley and they're not afraid to show it in uniforms designed with flames and the

Games will even feature rock bands stoking up lulls in play ensuring that the Gridiron Gods of L.A. rock 'n' roll all night ... and party every game. See lakissfootball.com.

band's iconic logo.

can compare their handprints in cement with those of Tinseltown's biggest actors, but a few miles away at Guitar Center's Rockwalk on Sunset Boulevard, hard rock devotees can measure their mitts against their favourite KISS member. Step inside the Hollywood landmark and check out Paul Stanley's "Iceman" guitar and boots on display. Visit rockwalk.com.

Putt it Out Loud

Just when mini-golf couldn't

get any more exciting, now at the KISS by Monster Mini Golf in Las Vegas, fans can play golf on a well-designed glow-in-thedark 18-hole course while hits like Detroit Rock City blast over loudspeakers.

Who doesn't want to ace a hole-in-one by putting up the extended tongue of an enormous Gene Simmons head? Surprisingly, it's actually popular for kids' birthday parties. Check out monsterminigolf. com/kiss.

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Las Vegas loves quaint home cooking

From swank cuisine to shrimp and grits. Tourists sick of

high-end fare are flocking to a simple diner with a Southern touch

You might not expect to find farm-to-table dining in Las Vegas. But that's exactly why tourists are lining up at a rundown corner a few blocks near the old casinos in the town's seedy core.

It takes visitors arriving by cab a few minutes to locate the nouveau diner Eat on the ground floor of a motel-style apartment complex that rents rooms by the month and looks like a place where a down-onhis-luck crime caper hero might live.

But this is Las Vegas' first neighbourhood restaurant with an emphasis on freshness and locally sourced ingredients.

Eat has been a favourite among locals since it opened two years ago, when more than 100 people lined up to get their first taste. Chef and owner Natalie Young temporarily closed the restaurant that first night to regroup.

She conceived the restaurant as an antidote to the caviar-drenched, truffleinfused upscale restaurants most commonly associated

epartures: Apr. 12/26
ay: every Friday & Saturday
eakfast included Occ.(4):

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with Sin City. She spent more than a decade working at some of the Strip's fanciest venues, including the restaurant at the top of the ersatz Eiffel Tower. At Eat, she's kept the linen napkins, but chucked the overheated menu descriptions and steep prices.

"There's enough Vegas in Vegas," she said, raising her voice a little to be heard

above the buzz of a typically packed morning at Eat.

The menu is small, with a Southern accent, and it's closed for dinner. Breakfast offerings include buttery cinnamon biscuits served with berries piled on top, free-range eggs any way you like, and pillowy beignets with seasonal jam and mascarpone.

For lunch, there are sal-

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"There's enough Vegas in Vegas."

Eat's chef and owner Natalie Young on the need for less fine dining fare and more simple

1895 1795+

ads, sandwiches on thick toasted bread, shrimp and grits, and the best grilled cheese in town.

There can be a two-hour

Washington & Philadelphie 4 Days Breakfast include

wait for a table on weekends - though it's more like 15 minutes on weekdays.

The place tends to be noisy, and that's by design.



The ceilings are high, the tables are spread out, and there is no Wi-Fi, to encourage diners to interact with each other.

For locals, there's another major appeal: You can walk there.

Other cities take for granted the ability to stroll from lunch to a store to a cafe, but until recently in Las Vegas, residents have been forced to choose between driving to strip malls or braving the sprawling indoor mall that is a modern

Now, however, downtown Vegas is starting to cohere into the city's first traditional neighbourhood. Within the past 12 months, a critical mass of boutique restaurants has downtown, a novelty in an area long dominated by the Heart Attack Grill, where people who weigh over 350 pounds (about 160 kilos) eat

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How more and more city folk are finding the purr-fect stress buster

Cat cafés. Felines feature first at this cosy London tea room

Would you like some kitten with your coffee? Feline company is exactly what one of London's newest cafés is offering — and stressed-out city-dwellers are lapping it up.

"People do want to have pets and in tiny flats, you can't," said café owner Lauren Pears, who opened Lady Dinah's Cat Emporium last month in an area east of the city's financial district.

"There's not many places in London you can just curl up with a book and chill out with a cat or two on your lap," she said. "I think that's what our success is down to."

"I can see how this would be good for someone lacking company," said customer Sara Lewis, as she stroked a cat sitting on her lap. "It's the best idea ever."

The cosy English tea room, named after Alice's cat in Alice in Wonderland, charges customers £5 pounds (\$9.15) for two hours of kitty company. Coffee and afternoon tea—sandwiches, cakes and scones—are on the menu at an additional cost.

Lady Dinah's opened March 1, and is fully booked until the end of June.

Pears raised more than £109,000 (\$200,000) through a crowd-funding campaign to get the café up and running. Despite more than a year of planning permission delays



and figuring out how to maintain health and safety standards, she says the hard work has been worth it.

The 11 resident kitties were donated by people who could no longer look after them. Kitty welfare is paramount: The cats get regular breaks away from people, and staff have been trained by animal behaviourists to care for them

Lisa Vann brought her 8-year-old daughter, who has learning difficulties, to Lady Dinah's for a playdate. "She's delighted to be here," she said.

The animal café craze shows no signs of slowing, with establishments now open in London, Vienna and Paris. A dog café, House of Hounds, is scheduled to open in London later this year.

THE ASSOCIATED PRESS



Japanese origins

Cat cafés first took off 10 years ago in Japanese cities, where many people live alone in cramped high-rise apartment blocks that don't allow pets. Making feline friends became popular therapy for lonely or anxious workers.



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How-to



Avoid pickpockets

Carry your wallet in a front pocket, with the opening facing down. 2. Be alert in busy areas. Pickpockets target train stations, bus stops, crowded street corners and street performances. 3. Be wary of diversions: If someone tries to get your attention or brushes up against you, make sure your hand is on your wallet. 4. Turn backpacks into frontpacks. 5. Carry handbags across your body or under your arm, with the flap facing your body. 6. "Snatchand-grabs" are considered violent crimes. Just let them have it. **DOUG WALLACE/METRO**

Tool



Live your own Vegas movie

New app Suiteness sets you and your friends up for a Vegas weekend à la Hangover Part IV — or at very least for Facebook, in spite of the "stays in Vegas" adage. The app lets you book a high-roller, multibedroom suite with your buddies for the same prices you would pay for several regular rooms. You plug in your wants and needs (minus the bartender and the tiger) and Suiteness gets back to you within 24 hours with your options. Los Angeles, New York and Miami won't be far behind. DOUG WALLACE/METRO

Deals



Parrot Cay, Turks & Caicos

Sometimes you just owe it to yourself to amp up your vacation with a little extra indulgence. Special anniversary? Milestone birthday? Parrot Cay, the award-winning private-island retreat may be just the place to celebrate. There is amazing diving, a serene spa, wellness programs and very fussed-over food. From April 25 to Dec. 15, the resort is offering four nights for the price of three, seven nights for the price of five and 14 nights for the price of 10 (some blackouts apply). Visit comohotels.com/parrotcay. DOUG WALLACE/METRO

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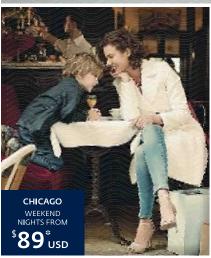
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How Polkaroo put me on the right career path

From host to the most.

As TalentEgg.com launches its exciting Challenges platform, one Egger tells her own tale of working toward greatness

LEAH RUEHLICKE

When I was about 10 years old, I decided my goal in life was to be a TVO Kids host. Thirteen years, one university degree and 25 pairs of jeans later, this remained my life ambition.

So, after helplessly sending out resumé after resumé and putting in way too many hours into a job I couldn't care less about in order to pay those bills, I decided perhaps this was life's way of telling me to chase that dream.

I signed up to volunteer with TVO, and when they offered me a gig timing a



ping-pong tournament with Polkaroo, I figured this was the breakthrough I had always been waiting for.

I went. I wore my bright green T-shirt with pride and ran that stopwatch like my life depended on it. I smiled at people. I even talked to some — and in doing so I ended up meeting my current boss. Fast forward one year, and I'm happily employed in an industry I never thought I'd be in. I'm not a TVO Kids host — but in pursuing that dream my ambitions changed into something completely unexpected and even more exciting.

I now work somewhere that challenges me, inspires me and makes me think. And I owe it all to Polkaroo.

I also owe it all to allowing myself to stand out. That, to me, is exactly what Challenges is all about. I know the pain of the job hunt. It sucks.

For entire year I questioned everything; whether or not I pursued the right degree or if I wasn't as smart as I thought or if I had chosen to live in the

Augmented Reality

Are you ready to take on Metro's AR Challenge?

If you're a student or recent grad, you know the Get Your First Job catch 22: No one wants to take a chance on you because you have no real world experience. And unless someone gives you a job, you can't gain that experience.

That's why Metro is pumped to partner with TalentEgg in an exciting Challenge designed to give every entrant an opportunity to show what they can do.

The Challenge: Show us a compelling and innovative way Metro can use our new Augmented Reality (AR) technology to bridge the printed and digital worlds.

The Prize: A \$500 Future Shop gift certificate, and the chance to see your idea implemented, engaging 1.8 million readers in all 10 Metro papers from Halifax to Vancouver.

We're looking for the big idea that will resonate with our Millenial audience and will reflect the Metro brand personality: smart, urban, tech-savvy, opinionated and in-the-know.

Metro AR represents the first time a newspaper has developed a custom, native solution for bringing augmented reality to its product. What makes AR particularly interesting is that while it represents storytelling through the lens of mobile devices today, it is a precursor to how news and information will be distributed in the near future. That might be through wearables like Google Glass, via windshields on vehicles or perhaps another exciting iteration that has yet to come to market.

Metro's Challenge asks students to apply creative thinking to a new frontier in the publishing world. It's an opportunity for students and grads to showcase their ability to take concepts they've learned at school and bring See that symbol? It means you can scan this image with your Metro News app to see one of the amazing things you can do with Augmented Reality



them to bear on an exciting and evolving form of storytelling.

"The real reward lies in the feedback report that students receive as part of their participation, outlining their ranking and the competencies/skills gained through participation," says TalentEgg founder Lauren Friese about the contest. "This feedback can be used for personal improvement, but more significantly, can be added to participants' resumés and LinkedIn profiles as proof and validation of their ability to translate theory learned in the classroom to real scenarios."

For more information, visit talentegg.ca/challenges and get cracking! METRO

What is TalentEgg Challenges?

TalentEgg Challenges will give young people the opportunity to demonstrate and verify their skills — helping them prove to employers that they have what it takes to be valuable employees.

 Students and grads can tackle relevant online Challenges presented in partnership with innovative brands and employers. After completing a Challenge, participants receive a review of the skills and experiences gained, which can easily be added directly to their resumé and LinkedIn profile. Top performers in each Challenge will also be eligible for a range of prizes.

Visit talentegg.ca/challenges for more details.

wrong city; if people thought I had a weak mind and flat hair and if I had only bought the more expensive blazer maybe the interviewer would've taken me more seriously.

I felt discouraged and sad and hopeless because at the end of the day I simply didn't know how to stand out.

Beating my employment challenge meant throwing myself at a dream I had cherished for more than a decade, not knowing what would happen.

Challenges offers that same potential, without all of the uncertainty that goes with it. It gives students and recent grads the chance to show that they are thought leaders, driven, willing to try something new and put their all into a project.

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Changing the way kids learn

JENNIFEI TAPLIN

Education Minister Liz Sandals has a lot to brag about.

She is proud the Ontario education system has received international recognition and emulation, but the feather in her cap is the inclining high school graduation rate. In the past 10 years, 15 per cent more students are graduating high school, making it easier for them to get jobs. That means 83 per cent of high school students are graduating.

"We're just making a huge change in the lives of those kids who wouldn't have graduated 10 years ago, but who are graduating now," she said

The graduation rate began to rise once it was recognized the students who were struggling with academics would benefit more from a skills-based education. Specialized skills majors were introduced so students can take a cluster of courses in grades 11 and 12, which incorporates a work placement. This isn't just wood shop — the programs are diverse, depending on the location of the school and nearby industries.

Once completed, students

Starting on the right foot

"What we're doing with the full-day kindergarten program is making sure every student in Ontario gets the best start possible."

Education Minister Liz Sandals

receive a red seal on their diploma in manufacturing, construction, agriculture, IT or many other majors.

Another big change, although more recent, is the introduction of full-day kindergarten. It already exists in many of the province's elementary schools but will be completely rolled out by the

fall. It is play-based learning orchestrated by a teacher and an early childhood educator in each classroom.

"We know that little kids are just like little sponges and they soak up so much information and there's so much brain development," Sandals said. "What happens to them early is really important be-

cause it sets the foundation for greater years."

But with anything, there is always room for improvement. Sandals said they need to produce graduates who know how to use the latest technology and are more prepared for the workforce.

"And, quite frankly, we as educators have to figure out how to use technology more effectively to enhance education," she said.

"It's still really important that students have great literacy and numeracy skills, but there's this broader basket of skills to make sure the student is more well-rounded."

What's inside



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Technology changing the face of classrooms Page 25



Colleges provide hands-on learning



Mature students place emphasis on retooling Page 28

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The perfect learning environment

Options. Parents should research which education to choose: Public, private or homeschooling

GEORDON OMAND

While the vast majority of Ontario's more than two million kindergarten to Grade 12 students are enrolled in the public school system, going public is far from the only education option in the province.

Last year, more than 111,000 students attended approximately 850 private schools across the province.

Jan Campbell taught for 10 years in the public school system and is now executive director of the Conference of Independent Schools of Ontario.

"I think public schools do an outstanding job in most cases," she said.

In her view, however, the independent school system allows more choice for parents.

In Ontario, private schools are independent organizations without any government funding, unlike public schools.

"I would never say one is better than the other," Campbell said. "They're just different."

Proponents of the private school system cite smaller class sizes, more varied extracurricular activities and even better school reputations as benefits.

But the value-added qualities of private schools seldom come cheap, even with financial assistance programs.



"Parents are paying a lot of money," Campbell said. "Some schools are charging up to almost \$30,000 after tax per student."

Still, she added, for some families the cost is worth it.

That desire to find the perfect learning environment is what often motivates some parents to opt for a third education option — homeschooling.

According to government records, about 4,750 students in the province are homeschooled, though that figure is not precise because registration is not mandatory.

"Homeschooling is not hav-

ing somebody in the basement of your house and not letting them out," said Carlo Ricci, who teaches in the Schulich School of Education at Nipissing University in North Bay.

"(It's about) understanding that learning happens everywhere."

According to Ricci, some

parents choose home instruction for ideological or religious reasons, others because they believe in self-directed learning

While there are options between public, private or home learning, parents ultimately want to equip their children with the tools to succeed.

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metronews.ca Wednesday, April 9, 2014 MAKING THE GRADE



Skills needed for a lifetime of success

GEORDAN OMAND

Literacy. Traditionally understood as the ability to read and write, our understanding of literacy in the 21st century now includes being able to navigate the ubiquitous technologies of the modern world.

And, according to some, Canada is falling behind.

'Canada has an essential skills problem," says a TD Economics report released in 2013, which described the country's performance in a

recent international literacy assessment as "depressing."

In the Programme for the International Assessment of Adult Competencies test, Canada only managed to score an average in literacy, a lower assessment than one made 10 years earlier.

"The problem has clearly not gone away," the report the continued. "If anything, we are heading in the wrong direction."

According to Annette Hegel, a spokeswoman with the Ottawa-based Canadian Literacy and Learning Network, about 70 per cent of high school graduates leave school with a literacy level averaging around Grade 7

The impacts are huge, Hegel said. She described how literacy is connected to income, health, longevity, employment and social engagement.

Ontario's Ministry of Education agreed on the importance of literacy.

"Strong literacy skills are one of the critical foundations for all other academic achievement and for a lifetime of success," spokesman Gary Wheeler wrote in an email.

Immersed in a second language

ANDERSON

Parents in Ottawa can choose early French immersion starting in senior kindergarten or opt for middle French immersion from Grade 4 onward

More parents are doing just that. In 2009, there were 36,564 students in French immersion in the Ottawa-Carleton District School Board (OCDSB) and the Ottawa Catholic DSB. In 2011, that number had increased to 38,282.

According to experts, there are a number of pluses to the French immersion program. Students should become functionally bilingual, perhaps even developing a facility to learn other languages, and their future career opportunities could im-

The program doesn't affect English language skills



According to experts, there are a number of pluses to the French immersion program. ermolaev alexander/shutterstock

and it has no long-term negative impact on academic achievement. In fact, becoming bilingual can boost cognitive and linguistic growth.

Even children with a learning difficulty can benefit from French immersion. A problem with reading, writing or another subject will surface no matter what language is taught.

And parents don't have to speak French for their child

to flourish in an immersion program. They should just be encouraging and supportive of their child.

Ottawa area schools have the largest French immersion program in the country. Almost two-thirds (62 per cent) of parents with children going into senior kindergarten choose this option, said Jennifer Adams, director of education, Ottawa-Carleton District School Board.

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Local board. Bucking the trend

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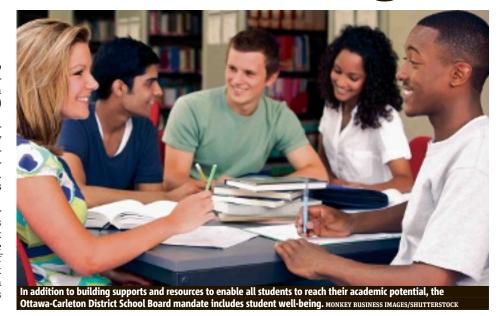
As other boards in Ontario face dwindling school populations, the Ottawa-Carleton District School Board (OCDSB) is bucking the trend.

"We're in an unusual situation of being one of the few school districts in the province that does not have declining enrolment," said Dr. Jennifer Adams, the board's director of education.

Chalk that up to population expansion in suburbs like Kanata, and to the influx of families from around the world. About 21 per cent of children in her schools speak a language other than English or French at home, Adams said.

In addition to building supports and resources to enable all students to reach their academic potential, the board's mandate includes student well-being, whether it's physical, social/emotional or cognitive.

"There's a real link between academic achievement and well-being," Adams said. "You can't have



one without the other."

This push for wellness is in keeping with a 2009 amendment to the province's education act, but Ottawa has implemented changes quicker than other school boards.

"Our district has jumped up to the plate very quickly," Adams said. "I'm not sure how many other districts have a framework for well-being and a plan to kind of roll that out over the next couple of years."

On the academic front, Ottawa schools, like others across the province, are grappling with declining math scores. Adams is keen to promote "a balanced" math program that teaches both operational skills (like memorizing times tables) and problem-solving skills, so students can apply their math knowledge in today's complex environment.

In an increasingly digital society, the OCDSB is embracing technology as an instructional tool. Schools are moving toward a BYOD (bring

Eastern Ontario

The seventh largest school board in Ontario, the Ottawa-Carleton **District School Board** (OCDSB) is the largest in eastern Ontario. The hoard has more than 70.000 students in 147 schools within an area spanning 2,760 square kilometres. The district includes communities Manotick, Richmond, Kanata and Stittsville, as well as Ottawa, which has a population that's closing in on 900,000.

your own device) approach in the classroom, but Adams stresses that computers and other devices should be accessible to all students. The board has also discussed good "digital citizenship" at all levels and has introduced Wi-Fi in all schools.

"We want students to feel comfortable with the technology they use very proficiently on an ongoing basis in their everyday life."



School projects humming along

JENNIFER TAPLIN

For Metro

A much-needed elementary school in the Kanata North area needs a home.

The Ottawa-Carleton District School Board had its eye on a property on Innovation Drive to construct a new elementary school with funding already approved by the Ministry of Education. But

the city of Ottawa refused to switch the zoning to allow for

The school board took the matter to the Ontario Municipal Board for review, but, unfortunately, it's not a fast process, usually taking several months for analysis.

"The city of Ottawa understands the urgent need for a new elementary school in Kanata North and, therefore, is working co-operatively with the OCDSB to find an alternative site that will allow us to build and open the school for September 2015," wrote Michael Clarke, superintendent of facilities, and Olga Grigoriev, superintendent of Instruction, in a memo to explain the delay.

They are looking for an appropriately zoned, seven-acre lot, which is hard to come by in the Kanata North area.

But other school projects in the area are humming along.

The Mutchmor Public School is under construction to add nine new classrooms, a new main office located by the door, a library on the second floor plus renovations to the computer room and three other classrooms in the

Refurbishment

The W. E. Gowling Public School is making use of a recent refurbishment to house a new early French immersion program. It will be phased in starting with senior kindergarten in September, adding one grade per year until kindergarten to Grade 6 is achieved in the 2020-21 school year.

existing building. Construction started last year and is expected to be finished by September.

The tender for a 32-classroom addition to the Longfields-Davidson Heights Secondary School is expected to be sent out soon. The addition is primarily for grades 7-8, and when it's finished by September 2015, the entire school is expected to house 2,200 students from grades

The Earl of March Secondary School is also making room for Grade 7-8 students. Construction is expected this summer with a target opening date of September 2015.

Teachers always adapting

It's not the teaching — that's the easy part. It's everything else that can make teaching a stressful job.

Peter Giuliani, president of the Ottawa-Carleton Elementary Teachers Federation, said teachers deal with a lot of pressures these days, including higher standards of accountability and expanding parental expectations.

A rise of special needs children requiring their own adapted education plans puts the squeeze on teachers' time and attention.

"I think almost any good teacher will tell you this — the actual act of teaching is not the hard part of the job," he said. "The thing that always kills you is managing behaviour. I would say the biggest single stressor is classroom management."

Fragmented teaching assignments, or teaching multiple grades in one class, also make it tougher for Ottawa teachers, he said.

"At least 25 per cent of the elementary classes here are split grade," Giuliani said. "In our area, that's exacerbated by the fact we have multiple programs — early immersion, middle immersion and the regular English streams."

The Ottawa-Carleton District School Board hires additional teachers to mitigate the problem, but Giuliani said he thinks there are still too many teachers who are trying to deliver two curriculums simultaneously.

Sharon Cook, education professor at the University of Ottawa, said teachers are under pressure like never before and the profession is changing fundamentally. In terms of training, as of 2015, students will require two years instead of eight months if they are entering the teaching profession.

Then there is the integration of technology to the classroom, Cook said, and the accountability for the demands on teachers' time and learning outcomes that puts pressure on teachers. JENNIFER TAPLIN



Crossing the digital divide

Information overload? Technology can bring benefits and challenges to students' critical thinking

RICHARD WOODBURY

For Metro

Across the country, there isn't a consensus on how technology should be used in the classroom with elementary and high school kids. While some schools are embracing it, others are resisting it, and others still fall somewhere in the middle. What does this mean for the future? Nobody is really sure.

"It's kind of difficult to see where it's going exactly, but we have hints of it," said George Gadanidis, a professor at the University of Western Ontario's education department in London.

For example, Gadanidis was recently in a Grade 3 classroom where a teacher

was making use of an interactive whiteboard, an online textbook and the students had laptops.

The students worked in small groups doing computer programming, which modelled what they were learning in math.

While this highlights some of the benefits technology can bring into the classroom, it also has its drawbacks, including that students have trouble making sense of the vast quantity of information available.

"There's a lot of interest in critical thinking," said Donovan Plumb, a faculty member of Mount Saint Vincent University's education department in Halifax.

By having strong criticalthinking skills, students will Some teachers are embracing technology in classrooms, while others aren't so keen on the idea. HURST PROTO/SIRUTTERSTOCK

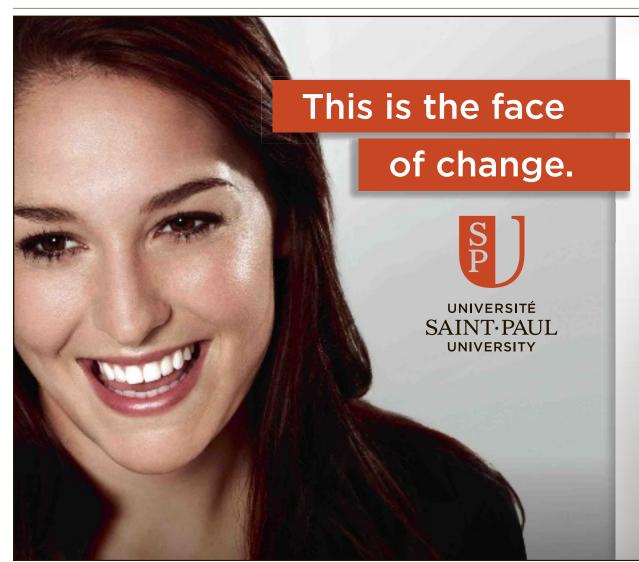
be able to assess the information, determine what is valid and process it into a neat and tidy package.

Helping students process this information comes down to a matter of teaching method, said Cameron Montgomery, a professor in the University of Ottawa's education department.

"Explicit teaching is modelling an assignment for a teacher, breaking them into groups, letting them experiment, testing that model and allowing students to independently do a similar assignment themselves," says Montgomery.

One benefit of technology

is it is allowing students at the high school level to take courses online and can allow them to tap into courses which may not be available in the traditional classroom setting where they live.



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A tough assignment for any student

College or university? Taking the next step with your education will define much of your future

LEE ROMAN

Whether you are a young student fresh out of high school or a mature learner looking to update your knowledge, retool your skills and grow your experience, choosing the right post-secondary institution can be a tough assignment.

With so many options out there — including university, and community and career colleges — where do you begin? Not sure? Here are some facts and tips that might help.

Talk to a graduate

Seek out recent graduates of programs at both the college and university, and request an interview. Ask them about the learning culture. Did they enjoy themselves there? Did they live in residence?

Ask about online learning

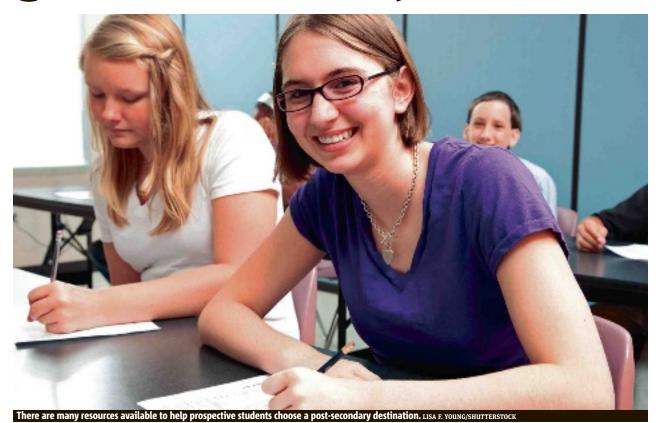
If you are not able to leave home for financial or other reasons, but still want to attend college or university, online courses might be for you.

Check out the rankings

It's common for magazines to publish studies ranking colleges and universities by comparing them in terms of their budgets, class sizes and host of other data.

Use online resources

The Association of Universities and Colleges of Canada (AUCC) offers a wealth of information about Canada's universities. The AUCC's database (aucc.ca/study) includes all university programs offered in Canada. The Directory of Canadian Universities (aucc.ca/dcu) includes information on scholarships, facilities, programs, fees and institution profiles.

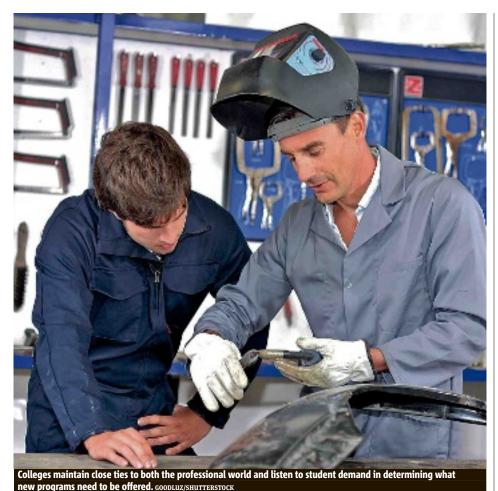






metronews.ca
Wednesday, April 9, 2014

MAKING THE GRADE 27



Colleges can offer a degree with experience

SPOWART

In 2013, a record-setting 180,000 Ontario post-secondary students enrolled as first-year students in one of the 26 Ontario Colleges of Applied Arts and Technology across the province.

"Enrolment is at the highest level we have seen," said Tony Frost, executive director of brand management at Fanshawe College in London. "It also marked the first year in over a decade where first year applications at universities declined."

Schools like Fanshawe and Algonquin College in Ottawa have long had to deal with the stigma of being the second choice or the backup option if someone didn't get into the university they had selected.

Now with many specialized programs and degree options, Frost believes colleges are coming into their own.

"We want to offer the full gamut, and sometimes that is giving students the choice to get the credentials that are critical for them, as well as their future employers," Frost

A brief history

 Most Ontario colleges opened in the 1960s after William Grenville Davis, the minister of education at the time, tabled Bill-153 in 1965, which created a post-secondary educational system that was different from universities, many of which had been established more than 100 years earlier. In the early days, colleges offered a Ontario College Diploma (OCD) upon successful completion of their programs. By the early 2000s, colleges were starting to offer degree programs similar to those offered at universities, and, in some cases, offered programs in conjunction with a local university.

said. "The primary thing is that you are getting a degree with experience — having that applied component really helps."

Fanshawe and Algonquin maintain close ties to both the professional world and listen to student demand in determining what new programs need to be offered or how current programs needed to be adjusted to reflect current trends.

"There is student demand and there is employment demand for future programs," Frost said, adding that they "look at at least seven new programs each year." Fanshawe, like other Ontario colleges, has an advisory committee made up of members of the business world as well as officials from the college. They listen to businesses, professionals and students in determining what new programs the college will develop and offer.

Frost believes the next big step for colleges will be the world of e-learning.

"We need to make learning accessible. If you look at young learners, it is what they are growing up on. It also appeals to adult learners who may not have time during the day to come to the college."

Job market. University provides an advantage

PAULINE ANDERSON

For Metro

A few decades ago, a university education was a ticket to job success in a booming economy, but today's employers may be hunting for more practical and applicable skills. Should kids today skip university and head straight for a diploma, or is a higher education that teaches critical thinking still a worthwhile investment?

No matter which way you slice it, any post-secondary education is important in terms of job prospects. Seven out of every 10 new jobs created in Ontario require post-secondary education or training, said Ministry of Training, Colleges and Universities spokesperson Tanya Blazina.

"It leads to more earning power and more career choices, which is especially important in a tough economy."

Young people are getting

After graduation

A university education is still a good choice in terms of job prospects. According to Tanya Blazina, spokesperson for the Ministry of Training, Colleges and Universities, in 2013:

- 86.5 per cent of 2,010 university graduates were employed six months after graduation.
- Two years after graduation, 92.2 per cent of these grads were employed.
- The graduation rate for the student cohort starting in 2003 was 81 per cent, compared to 74 per cent for the cohort starting in 1998.

the message, with more high school grads opting to stay in school instead of entering the workforce. Since 2002, there have been almost 161,000 more students enrolled at Ontario colleges or universities, an increase of more than 40 per cent.

A university degree provides an edge, though. A Council of Universities report found that university graduates have the best employment rates and highest salaries, and are more likely to land a job in their chosen field compared to graduates of other post-secondary institutions.

Major considerations for university, however, are the time commitment and the cost. Full-time tuition at Carleton University, for example, is \$5,818 to \$8,373, depending on the program, according to the Association of Universities and Colleges of Canada.

According to Statistics Canada, among all Canadian metropolitan areas, the Ottawa-Gatineau region had the largest proportion of adults with a university degree in 2011.

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Emphasis on retooling

Continuing education. Focus now on learning specialized skills for evolving roles, requirements

JON TATTRIE

Fast-changing workplaces mean the education you received in your 20s is unlikely to stand up for a 40-year career, experts say.

Christine Wilton, a continuing education program manager at London's Western University, says topping up your education can help you keep pace. She said it's especially true for those in the "knowledge economy."

To figure out what education will best help you, Wilton suggests looking at postings for the job you want. "What kind of skills are they looking for? Is there a gap there?"

Also consider what you can afford in time and money, as some courses take much

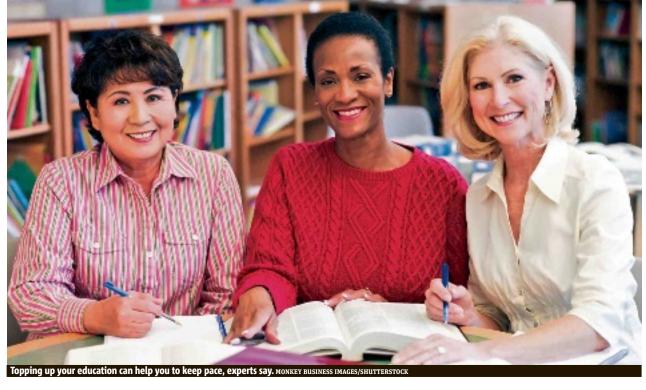
Great benefits

Peggy Watts says some
 of the greatest benefits
 of lifelong learning are
 the ones you don't plan
 for. "Learning opens
 the mind and can lead
 people down unexpect ed and exciting paths
 that enrich their lives
 overall," she said.

more of both. If you have been out of education for a while, make sure you understand the commitment and the possible reward. It can pay off. "You open options up for yourself," she said.

Wilton said project management is a popular upgrade

The connections you make



with fellow students can pay off, too.

Peggy Watts, director of Mount Saint Vincent University's distance learning and continuing education department, said in the 1980s, the focus was often on completing degrees so students could get better salaries or return to the workforce.

"While those needs still exist, there is now more emphasis on retooling and learning specialized skills for adapting to change and evolving roles and requirements," she said.

If you are upgrading to stay in the same company, Watts suggests talking to your supervisors or the human resources department to see what they are looking for. Talk to the university, too.

"Asking to speak to graduates of particular programs can yield information useful for deciding on a course of study," she said."Online resources and networks abound and can be very helpful."

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Professional development. Training boosts innovation

HEATHER BEAUMONT For Metro

Company training and professional development programs can have a great impact on employee morale and corporate culture.

"The workplace becomes more creative, innovative, productive and effective," Isabel Feher-Watters, from the Canadian Society for Training and Development (CSTD), said of organizations that invest in staff development. The CSTD is a non-profit organization committed to promoting workforce learning and corporate training.

porate training.

"Whatever the organization's goal, people who feel supported work harder," Feher-Watters. "It makes for a better workforce and a more competitive country."

The CSTD's acting president also referred to a recent edition of the Conference Board of Canada's Learning and Development Outlook. The report reveals that organizations with strong learning cultures have first-class employee performance, higher levels of customer satisfaction



and provide higher quality products and services to their customers.

Kate Wright, marketing and product development, Algonquin College, corporate training, works with a variety of employers who recognize the value of upgrading their employees' skills.

Her department organizes employee training for the federal government, municipalities, the private sector and technology-based organizations across the country.

"Employers approach us when they want to move for-

ward with a piece of new legislation or a new knowledge area or hands-on skill," Wright said. "We do training with organizations on business analytics, propane tank training, health and public safety — everything from A to Z."

Feher-Watters said company orientation for a new hire "gets them comfortable and confident in the work they're doing. It introduces them to the culture." With continued opportunities for professional development "they're more likely to stay because the company has invested in them."

A kick of heat for this meat

Orange Sriracha Maple Chicken Thighs with Spring **Greens.** Orange juice moonlights as a tenderizer in this dish



DINNER **EXPRESS**



From your fridge to your table in 30 minutes or less

Looking for some spice in your life at dinner time? Well, Orange Sriracha Maple Chicken Thighs with Spring Greens might help you feed that craving.

These smoky and spicy chicken thighs are addictive with their balance of heat and sweet.

Chicken thighs are tender and offer up juiciness and flavour while being easy to prepare thanks to Florida orange juice, which helps add flavour and tenderize the chicken for a deliciously moist bite every time.

The sweet hint of orange juice is paired with a spicy kick of sriracha chili sauce and local pure maple syrup, making this a truly great introduction for spring that could become a quick favour-

1. In a large resealable bag, combine orange juice, paprika, garlic, oregano, chili



sauce and maple syrup. Add

chicken; seal bag and turn to massage chicken evenly. Refrigerate for at least one hour or up to overnight.

2. Place chicken on oiled, preheated grill over medium heat, turning once or twice for 10 to 15 minutes or until no longer pink inside and juices run clear.

3. Spring Green Toss: In a large bowl, toss greens with oil, vinegar, Florida orange

- 3/4 cup (175 ml) orange juice • 2 tsp (10 ml) smoked paprika
- 2 large cloves garlic, minced
- 1 tsp (5 ml) dried oregano or
- 1 tbsp (15 ml) chopped oregano • 1/4 cup (60 ml) sriracha chili
- 3 tbsp (45 ml) pure maple syrup • 2 lbs (1 kg) boneless skinless

chicken thighs (about 12)

Spring Green Toss

- ' 1 pkg (142 g) mixed spring
- 1 tbsp (15 ml) canola oil • 2 tbsp (30 ml) white wine
- vinegar
- 1 tbsp (15 ml) orange juice
- Pinch each dried oregano, salt, pepper

juice, oregano, salt and pepper and serve with chicken.

Orange juice is a staple in many homes and most often enjoyed at breakfast. But start thinking outside the box at the dinner table and add some orange juice to a sauce or dressing for flavour and enhancement. You might just get a bit more creative each time you step into the kitchen.

- Trim any visible fat from chicken thighs before marinating.
- Sriracha has a big kick of heat, so for a milder version use only two tbsp (30 ml) of the sauce in the recipe. Look for it in the international aisle of your grocery store.

Fine sweet and tangy balance

The trouble with sweet-andsour chicken is that the flavour is mostly sweet and weirdly acidic. It never seems to deliver on the satisfying balance of gently sweet and

teasingly sour.

A caramel-based sauce spiked with ginger, lime juice and fish sauce is the solution.

The result is deliciously sweet, but equally tangy and savoury. Be warned: These Sweet-and-Tangy Caramelized Chicken Thighs are not the gloopy red sweet-and-sour with pineapple and cherries you know from the takeout box. They're better!

1. In a large saucepan over medium heat, combine the sugar and water. Bring to a simmer and cook without stirring for about 10 minutes, or until the sugar has browned and thickened to caramel. Stir in the fish sauce, being careful of sputtering, then the soy sauce, ginger and lime juice.

Return to a simmer.

- 2. Meanwhile, in a large sauté pan over medium, heat the oil. Add the chicken and cook, stirring often, for 20 minutes, or until cooked through.
- **3.** When the chicken has cooked, use a slotted spoon or tongs to transfer the chicken (but none of the liquid in the pan) into the caramel sauce. Toss to coat the chicken with the sauce, then transfer it to a serving platter. Top with scallions and cilantro.

THE ASSOCIATED PRESS



This recipe makes six servings. MATTHEW MEAD/ THE ASSOCIATED PRESS

ngredients

- 1/2 cup sugar
- 1/4 cup water
- 1/4 cup fish sauce
- 2 tbsp low-sodium soy sauce • 1 tbsp grated fresh ginger
- Juice of 1/2 lime
- 1 tbsp canola or vegetable oil
- 3 pounds boneless, skinless chicken thighs, trimmed and cut into 1/2-inch strips
- Scallions, thinly sliced, to
- Fresh cilantro, chopped, to

SPORTS



Augusta gets fresh start sans Woods

Noted absence. Tiger out could make 2014 the most wide-open Masters in 20 years

One after another, some of the world's best players and favourites to win the Masters trudged up the hill on the opening hole to start their practice rounds.

Phil Mickelson. Rory McIlroy. Adam Scott.

It was typical of any Tuesday at Augusta National, except for the scoreboard which

has the names of all 97 players in the field, with blank boxes to put their scores when the tournament begins. On the far right side of the board is a list of this year's noncompeting invitees.

Tommy Aaron. Doug Ford. Tiger Woods.

"It's a weird feeling not having him here, isn't it?" said Phil Mickelson, a three-time Masters champion and the chief foil for Woods over the years. "He's been such a mainstay in professional golf and in the majors. It's awkward to not have him here. I hope he gets back soon. I hope he's

back for the other majors. As much as I want to win — and I know how great he is and tough to beat — it makes it special when he's in the field and you're able to win."

Woods hasn't been the same all year, even before back surgery last week. He is missing the Masters for the first time. His presence looms as large as some of the Georgia pines lining the fairways, though it will be forgotten when the opening shot is in the air Thursday, and a green jacket is awarded Sunday.

Even so, Woods brings a buzz to any tournament, even

at Augusta National.

And this year, his absence has brought talk of the most wide-open Masters in nearly 20 years. Las Vegas has installed Scott and McIlroy as the betting favourites at 10-1, followed by Mickelson, Jason Day and Matt Kuchar at 12-1.

McIlroy had his own version of a betting sheet on the table where he sat during his interview: the tee times for the opening two rounds. Told that 97 players were in the field, the 24-year-old from Northern Ireland figured 70 had a chance to win.

THE ASSOCIATED PRESS

MLB

Orioles hammer Yankees

After a week of pop-ups, the Baltimore Orioles showed off real pop.

Delmon Young, Adam Jones and Matt Wieters homered as Baltimore teed off for 20 hits, battering the New York Yankees 14-5 Tuesday.

"It was a lot of fun," reigning major league home run champion Chris Davis said.

THE ASSOCIATED PRESS

Tennis

Canada at home for Davis Cup

Canada will have homecourt advantage in its bid to stay among the world's best tennis countries.

Canada will host Colombia in a Sept. 12-14 tie, with the winner starting Davis Cup play in the World Group next year.

The location of the best-of-five competition has yet to be announced, but hosting the tie is a definite advantage for Canada, says the team captain. THE ASSOCIATED PRESS

NHL

Canadiens rest before playoffs

Coach Michel Therrien said he will give Carey Price, Andrei Markov and Alexei Emelin a rest ahead of the NHL playoffs.

The Canadiens play Wednesday in Chicago and at home against the New York Islanders on Thursday before ending the regular season Saturday against the New York Rangers. THE CANADIAN PRESS

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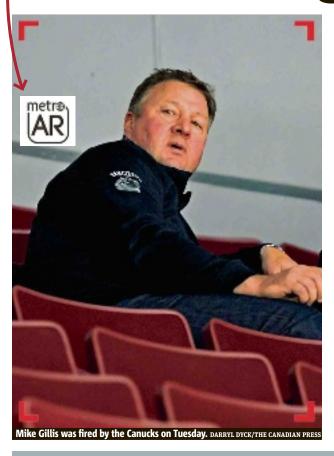
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metronews.ca SPORTS 31

Canuck fans get their way



NHL. Shortly after falling out of playoffs in Vancouver, GM Gillis gets canned

Less than three years after leading the Vancouver Canucks to within a game of the Stanley Cup, Mike Gillis is out of a job.

The club fired its president and general manager on Tuesday, just over 14 hours after the team was eliminated from playoff contention in a listless and embarrassing 3-0 loss to the Anaheim Ducks that had fans at a half-empty Rogers Arena chanting "Fire Gillis" in the game's dying minutes.

"The Vancouver Canucks had success under Mike's leadership, and we nearly reached our ultimate goal; but I believe we have reached a point where a change in leadership and new voice is needed," team owner Francesco Aquilini said in a statement announcing the move.

The Canucks have three games remaining on their schedule, but were given TuesTime for a change

Apart from this season's product on the ice, Mike Gillis had also been roundly criticized for his poor draft record, questionable freeagent signings and trades, and the handling of the Roberto Luongo saga.

day off. Aquilini was set to meet the media on Wednesday morning before the team practises.

At the NHL general managers meeting last month in Boca Raton, Fla., Gillis pointed to injuries and head coach John Tortorella's infamous lockerroom incident against the Calgary Flames as reasons for a diappointing mid-season swoon that saw the team win just four of 20 games, including eight consecutive regulation losses.

Gillis was named NHL general manager of the year for the 2010-'11 season and signed a contract extension after the 2011-12 campaign, but admitted in a recent radio interview that the Canucks' fall from grace put his job security in question. THE CANADIAN PRESS

Curling

Koe hopes revamped rink helps his Olympic dream come true

Veteran skip Kevin Koe already has one world title and two national titles on his resume.

His next mission is to qualify for the Winter Olympics and he's assembling a new team to try to make it happen.

Koe plans to leave the rink he guided to victory at the Tim Hortons Brier for a new lineup that will include Marc Kennedy at third, Ben Hebert at lead and Brent Laing at second. It's an experienced all-star crew that will have its eye on qualification for the 2018 Winter Games in Pyeongchang, South Korea.

"It was not an easy decision," Koe told The Canadian Press from Calgary. "But I felt the timing was good personally for me — just with the next Olympic cycle coming up — to make a change."

THE CANADIAN PRESS

NCAA basketball

LeBron sends congrats to Ollie

LeBron James remembers just about every detail from his days playing alongside Kevin Ollie in Cleveland, including that the newly crowned coach of the NCAA champions wore No. 12.

And James is thrilled that now Ollie is No. 1.

Even though he's professed to rooting for Kentucky at times in the past and has a close relationship with Wildcats coach John Calipari, James raved on Tuesday about the job Ollie did while leading Connecticut to the national title. UConn topped Kentucky 60-54 on Monday night for the title, one that came in Ollie's second season on the sideline.

"I've got a lot of respect and I'm very, extremely happy," James said before he and the Miami Heat played the Brooklyn Nets. "Even though I have a lot of Kentucky connections.... I was in a win-win situation and I was extremely happy for K.O. I think it was big time." THE ASSOCIATED PRESS

Chelsea's Ba says humbug former favourite club PSG

Growing up, Demba Ba dreamed about scoring big goals for Paris Saint-Germain. With the team he supported as a child on the verge of reaching the Champions League semifinals for the first time in 19 years, Ba instead scored the goal that knocked them out.

Now it is Chelsea joining European football's elite in the last four for the seventh time in 11 years.

Ba seemed the most improbable player to complete Chelsea's comeback, having been largely overlooked by Jose Mourinho for much of this season, but he delivered from the bench when it mattered most for the 2012 European champions.



Ba's sixth goal of the season in the 87th minute, after Andre

Schuerrle's first-half opener, clinched a 2-0 victory that overturned a 3-1 loss from the first leg and sent Chelsea through on away goals.

"It happened so quickly," Ba said. "I was on the floor, just looked at the goal, and I saw the ball was in the net. It was a big joy for everyone. I just do what I have to do when I get chances. I haven't had many this season."

Mourinho was elated, sprinting from the bench to join his celebrating players, who collapsed in a heap on the pitch.

"It was not to celebrate — it was to tell the players how we have to play," Mourinho said. "But you could see that I can still run."

THE ASSOCIATED PRESS



Real Madrid win on one leg

Real Madrid striker Gareth Bale exchanges words with Borussia goalkeeper Roman Weidenfeller during the UEFA Champions League quarter-final second leg. Real Madrid failed to score without the injured Cristiano Ronaldo and only just hung on to advance to its fourth straight Champions League semifinal after losing 2-0 at Borussia Dortmund on Tuesday. With its star striker on the bench because of a left-knee injury, Madrid could afford to miss an early penalty and still go through 3-2 on aggregate. DENNIS GROMBKOWSKI/BONGARTS/GETTY IMAGES



32 **DRIVE** metronews.ca Wednesday, April 9, 2014

2014 BMW 2-series Coupé

- Type. Two-door, rear-wheel drive four-passenger coupe
- Engines (hp). 2.0-litre DOHC 14, turbocharged (241); 3.0-litre DOHC 16, turbocharged (320)
- **Transmissions.** 8-speed automatic; 6-speed manual (opt.)
- Base price (incl. destination). \$38,100

Design

Although similar to the outgoing 1-series coupe, the 2-series is actually more than five centimetres longer, 2.5 centimetres wider and it has a bit more space between the front and rear wheels. Thankfully, the dimensional enlargements are minimal, but the revised shape of the 2-series, especially a more elongated nose, sloping roofline and rear deck, result



in a more attractive shape. For diehard BMW spotters, the larger grille and lower air intakes are the most noticeable ways to tell if the basic Bimmer you're checking out is a 2 or a 1.

Fuel consumption

If fuel consumption is a consideration, the 228i is rated at 8.7 l/100 km in the city and 5.4 on the highway (improved from 10.8/7.0 for the 128i). The M235i's numbers are 10.0 city and 6.4 highway. Note that both models require premium fuel.

Basic features

Just because the 228i is the base 2-series doesn't mean it's stripped-down. Base equipment includes climate control, auto stop/ start function, multiadjustable (non-power) front seats, rain-sensing windshield wipers and a premium audio system.

2015 BMW 2-series Coupé



Compare



Audi TT Coupé
Base price: \$51,500
Solidly built, with a choice
of two turbo engines. AWD
comes standard.



Mercedes-Benz CLA
Base price: \$36,400
Entry-level coupe-like sedan
is new for 2014. AMG version is quick.



3 Honda Accord Coupe Base price: \$28,200. Cool two-door is affordable, even with optional 278-hp V6.

Review. BMW goes back to its roots to refine and redefine the concept of a pure sporting machine

MALCOLM GUNN

/heelbasemedia.c

BMW knows exactly how to position the new 2-series Coupé.

Å photo on the automaker's website shows the car running neck and neck with the iconic 2002 coupe that was produced from 1968-'76. It's a comparison worth pondering as the 2002 was a benchmark sporty car, a pure one at that, for the

company. An even more interesting comparison is with the new 2014 4-series Coupé. Both models offer the same powertrains, but the 2-series base price is \$8,900 cheaper, at \$38,100. The smaller 2-series is also about 90 kilograms lighter, which should make it quicker off the line and more nimble.

The 4-series does offer more cabin space than the 2-series and the 4 can be had with BMW's xDrive all-wheel drive system that's ideal for anyone making frequent excursions to the ski slopes.

Still, driving enthusiasts on a budget or who those prefer a more minimalist approach to tackling twisty back roads are likely to find the 2-series fits their needs like a well-worn

with Coupé. same series is ighter, uicker hble.

The dashboards, control panels, floor consoles and dash-mounted display screens in both old and new appear quite similar. To the 2-series, however, BMW did add a bit more trim and enlarged the iDrive controller knob (that adjusts the climate, audio and communications systems) for easier use.

pair of driving gloves.

For stashing your gear, the trunk is slightly larger than that of the 1-series and the

back seat can be split-folded for extra space.

Under the hood of the base 228i is a turbocharged 2.0-litre

four-cylinder that makes 241 horsepower and 258 pound-feet of torque. It's the same engine that powers several other BMW models, including the base 4-series Coupé. The base engine in the 1-series was a non-turbo 230-horsepower four-cylinder.

Step up to the M235i Coupe and your right foot controls a turbocharged 3.0-litre six-cylinder engine with 320 horse-power and 330 pound-feet of torque.

Ûltimately, what's neat about the 2-series is that it's the least expensive way to obtain a BMW, yet you're guaranteed to get the same kick for your money as with many of the company's pricier products. Talk about driving a bargain.



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less. *\$1,500 Ram Truck Loyalty/Conquest Bonus Cash is available to qualified customers on the retail purchase/lease of any 2013/2014 Ram 2500/3500 models (excluding Cab & Chassis models) and 2014 Ram 1500 (excludes Reg Cab models) and is deducted from the negotiated price after taxes. Eligible customers include current owners/lessees of a Dodge or Ram pickup truck or any other manufacturer's pickup truck. The vehicle must have been owned/leased by the eligible customer and registered in their name on or before April 1, 2014. Proof of ownership/lease agreement will be required. Additional eligible customers include licensed tradesmen and those working towards Skilled Trade certification. Some conditions apply. See your retailer for complete details. *Consumer Cash Discounts are deducted from the negotiated price before taxes. †4.29% purchase financing for up to 96 months available on the new 2014 Ram 1500

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Quad Cab SXT 4x4 (23A+AGR) models through RBC. Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. Example: 2014 Ram 1500 Quad Cab 4x4 SXT (25A+AGR) with a Purchase Price of \$26,295, with a \$0 down payment, financed at 4,29% for 96 months equals 208 bi-weekly payments of \$150 with a cost of borrowing of \$4,816 and a total obligation of \$31,111.33. Efrinance Pull-Ahead Bonus Cash and 1% Rate Reduction are available to eligible customers on the retail purchase/lease of select 2014 Chrysler, Jeep, Dodge, Ram or Flat models at participating retailers from April 1 to 30, 2014 inclusive. Finance Pull-Ahead Bonus Cash will be deducted from the negotiated price after taxes. 1% Rate Reduction applies on approved credit to most qualifying subvented financing transactions through RBC, TD Auto Finance and Scotlabank. 1% Rate Reduction cannot be used to reduce the final interest rate below 0%. Eligible customers include all original and current owners of select Chrysler, Jeep, Dodge, Ram or Flat models with an eligible standard/subvented finance or lease contract maturing between January 1, 2014 and December 31, 2016. Trade-in not required. See retailer for complete details and exclusions. §Starting From Prices for vehicles shown include Consumer Cash Discounts and do not include upgrades (e.g., paint). Upgrades available for additional cost. ≠Based on 2014 EnerGuide highway fuel consumption ratings. Government of Canada test methods used. Your actual fuel consumption will vary based on driving habits and other factors. 2014 Ram 1500 4x2 model with 3.0L EcoDiesel V6 and 8-speed automatic — Hwy: 7.1 L/100 km (40 MPG) and City: 10.2 L/100 km /28 MPG) ••With as low as 7.1 L/100 km /40 MPG) binhway. +Rest-selling based on IHS Automotive: Polk Canadian new vehicle registrations through October 2013 for large diesel pickups under 14 000 lbs GVW. ¥1 ongevity based on IHS Automotive: Polk Canadian Vehicles In Operation data as of July 1, 2013, for model years 1994-2013 for all large pickups sold and available in Canada over the last 20 years. ≤Based on 2500/F-250 and 3500/F-350 full-size pickups. ™The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc

PLAY

Horoscopes

T Aries March 21 - April 20

If you want a straight answer to a simple question, you may be disappointed. Others are so evasive today. Maybe they have something to hide but more likely their thoughts are simply all over the place.

Taurus April 21 - May 21

Make sure you keep track of where your money is coming from and, just as importantly, where it is going to, over the next few days. Someone may conveniently "forget" what they owe you.

II Gemini May 22 - June 21

Some people may be loud in their opposition to what you intend to do but don't let it worry or stop you. They will come round when they see how well you are doing.

9 Cancer

June 22 - July 23

Don't push yourself beyond your natural limits today. You may want to look good, but how good will it look if you collapse before the finishing line? Pace yourself.

Ω Leo

July 24 - Aug. 23

Others may have doubts about what you are doing but you have no doubts at all and will push ahead regardless. The Sun in Aries endows you with loads of energy and almost limitless self-belief.

W Virgo Aug. 24 - Sept. 23

If someone is critical of your work today, don't let it get to you. Either they don't know what they are talking about or they are trying to make a small flaw or failing look much bigger than it actually is.

△ Libra Sept. 24 - Oct. 23

Whatever happens today, try not to take it too seriously. Others may think it's the end of the world, but you know it's nowhere near as dramatic as that. It's life, that's all.

M Scorpio Oct. 24 - Nov. 22

Focus on what seems right to you and ignore what the so-called "experts" tell you. Ultimately there is no such thing as facts. There are only various shades of opinion Yours deserve to be heard.

₹ Sagittarius Nov. 23 - Dec. 21

The more certain people say you have taken on too much, the more determined you will be to prove them wrong. Sagittarius is a sign that likes to do things in a big way.

17 Capricorn Dec. 22 - Jan. 20

Steer clear of negative thoughts because once they have got their hooks in you, it will take a lot of work to break free. Everything will work out for the best in the end.

≫ Aquarius Jan. 21 - Feb. 19

If you want a creative endeavor to be a success, you are going to need help and this is a good time to ask. Others want to be on your team because they know it's the one most likely to win.

) (Pisces Feb. 20 - March 20

If someone changes their plans at the last moment today, don't let it show that you're not happy. Breath deeply, count to 20, then give them a big smile and say "no problem". And never trust them again. sally brompton

Crossword: Canada Across and Down

20

42

Across

- 1. Packed into boxes
- 6. Goat's bleat 9. Art object
- 14. Quick
- 15. Alphabetic trio
- 16. Best 17. Grief [var. sp.]
- 18. In a not-one-sideover-the-other way
- 20. Earlier, olde-style
- 21. Shopping estab. 23. Sinn Fein was
- its political arm, for short
- 24. "Soul Sacrifice" band
- 26. Ontario town; or,
- Ms. Lohan 31. Orca-viewing village on Vancouver Island that's about four-and-a-half hours
- north of Nanaimo: 2 wds.
- **33.** Scoop 35. Him, in Hull
- 36. Ghana's capital 37. Masses, with
- Polloi
- for Iberville
- 46. Freeze
- 47. Trendy (and bloody) new skincare procedure in a cos-
- masculine

- 38. Resulted in, __
- __ to 41. '_'
- 42. Mr. Guthrie's
- 45. __ whim: 2 wds.
- metic surgery clinic:
- 2 wds. 51. Heart
- 52. Feminine and

55. Long-snouted fish 56. Clairvoyance, e.q.

- 57. Sight: French 58. Exactness __ my case."
- 63. "___ my case (There's nothing more to add)
- 65. Plains prey
- 66. Keyboard key

Down

39

52

46

63

1. Pl. suffix with Two Thousand and Fourteen 'Motor'

69

67. Today: April

age Site, __ Gwaay

69. Mr. Orbison

70. Ms. Perry's

18

38

43

- 2. Ancient shopping 68. BC - Haida Gwaii: **UNESCO World Herit**
 - locale 3. Fare for Canada's
 - Mary Pickford (b.1892 - d.1979): 2 wds.
 - 4. Brit band
- House of ___ 7. Сору

5. Of the skin

8. 'Eagle' constellation where Altair shines

6. Romeo's family,

63

9. Flesh-chomping fish

See today's answers at metronews.ca/answers. BY KELLY ANN BUCHANAN

- 10. __ Red (Apple) 11. Snake-like
- splasher 12. Dietary number,
- for short
- 13. Cathedral city
- 19. Journey
- 22. Sad-sounding ring 25. Mr. Fabi of car
- racing
- 27. Ancient Rome's 700
- 28. Party or wedding,
- for example: 2 wds. 29. Ms. Lavigne
- 30. Loaf leavener 32. Get ___ (Throw
- away) 33. "___ something to say..."
- 34. Ms. Ephron's
- 39. Montreal-based
- ICAO, for one: 2 wds.
- 40. Strides
- 43. Unclose, archaically
- 44. Celine Dion's skill
- 46. Fooled
- 48. Some TVs
- 49. More spooky
- 50. "Pretty_
- (1986) starring Molly
- Ringwald
- 53. Oxidized 54. Mr. Rogen's
- 58. "Downton Abbey"
- network 59. 18-wheeler
- 60. That, in Tijuana
- 61. Defraud 62. Bear: Spanish
- 64. Narrow inlet

Know what the weather will be 14 days from now. Check the 14 day trend.

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How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

5	4	6	2	8	9	3	7	1
9	1	3	4	5	7	6	8	2
8	7	2	3	1	6	4	9	5
6	3	5	1	9	2	8	4	7
4	9	1	7	6	8	5	2	3
2	8	7	5	3	4	9	1	6
3	2	8	6	4	1	7	5	9
7	5	4	9	2	3	1	6	8
1	8	9	8	7	5	2	3	4

					6	8	4	
3		7	1			6		
				9				
4							9	2
5	8		3		2		7	6
6	1							4
				6				
		6			3	2		7
	5	8	9					

Today



24 SED









13°/1 Variable









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